MARCH 2024

Pursue things to do, learn and share at MMC every day!

Join US... SHENKS FERRY WILDFLOWER PRESERVE ... page 7

Pursue things to do, learn & share at MMC!

		e	
	CALEND	AR KEY	
Weekly Reo	ccurring	LOCATIONS	
Bi-Weekly R	•	CC = Center Court	
Monthly Red	•	CP = Corner Pocket	Thursday,
Featured Ev	-	CR = Conference Room	March 7
	– pages 4-5	FSL = Fire Side Lounge	indi on i
Excursions ·	– pages 4-5	GC = Gallery Café	
		GCDR = Garden Court Dining Room	
COMMUN		GP = Gathering Place	
LIFE CON		HOF = Hall of Fame	
	t • 717-625-6106 pravianmanor.org	LRC = Lititz recCenter	
		SH = Steinman Hall	Friday,
	t h = 717-625-6000 ravianmanor.org	SFS = Smart Fit Studio	March 8
Jeanneg@inei	laviannanonorg	TON = The Owl's Nest	
		WG = Woods Garage	
		WP = Woodlands Pavilion ZR = Zinzendorf Room	. <u></u>
	1	ZR = ZInzendori Room	Saturday,
Date	Time & Progr	am (Location)	March 9
	10:00 am Exercis	se with Steve (ZOOM)	
F ull days		(nee & Foot Card Game (FSL)	Sunday,
Friday, March 1	1:00 pm SAGES	Orchestra Practice (SH)	March 10
		I Club, Happy Hour Group (HOF)	
	5:00 pm Men's l	Pool (HOF)	Monday,
Saturday,			March 11
March 2	10:00 am Chair Y	′oga (ZOOM)	
Sunday,	2:30 pm Vesper		
March 3		ulation Card Game (GP)	
		g & Tai Chi (SFS) se with Steve (ZOOM)	
Monday,	1:00 pm Comed		Tuesday,
March 4		Bible Study (HOF)	March 12
		and Foot Card Game (FSL)	
	9:30 am Chair Y	(oga (700M)	
	10:30 am Ukulele	· · · · · · · · · · · · · · · · · · ·	
	1:00 pm BUNC		
Tuesday,	1:30 pm Chorus		
March 5		uplicate Bridge (FSL)	
		tion with Mark (ZOOM)	
		Meal with Jacob & Naomi Bus Trip	Wednesday March 13
		•	
		Bible Study/Breakfast (FSL)	
	9:00 am Coffee		
		Bible Study (HOF)	
		se with Steve (ZOOM) g & Tai Chi (SFS)	
Wednesday,		er's Exercise w/Steve (ZOOM)	
March 6		sion Support Group (TON)	
	12:45 pm Men's I		Thursday
	1:00 pm EKG G		Thursday, March 14
		Theater: 9 to 5 The Musical	
	1:00 pm Rumm	ikub: Game Time! (FSL)	

	9:00 am	Chair Yoga (ZOOM)
		Corn Hole (WG)
		Wood Carving (GP)
		IT Support & Education: Scams &
nursday,	•	Frauds: Protection for Seniors (ZOOM)
arch 7	2:00 pm	Lit Wits Book Club (HOF)
	2:00 pm	Mahjong (GP)
	2:00 pm	Pinochle (FSL)
	4:15 pm	Meditation with Mark (ZOOM)
	9:30 am	Pins and Needles (GP)
		Exercise with Steve (ZOOM)
		Duplicate Bridge (FSL)
riday,	1:00 pm	SAGES Orchestra Practice (SH)
arch 8		Stan Tucker Music Trivia (TON)
		The 401 Club, Happy Hour Group (HOF)
	5:00 pm	
	10:00 am	Chair Yoga (ZOOM)
aturday,		Lancaster Symphony Orchestra
arch 9	•	"Vivaldi's Four Season"
unday,	2:30 pm	Vespers (SH)
arch 10		Manipulation Card Game (GP)
		· · · · ·
		Qi Gong & Tai Chi (SFS)
onday,		RACK-O: Game Time! (GCDR)
arch 11		Exercise with Steve (ZOOM)
		Ladies Bible Study (HOF)
	2:00 pm	Hand and Foot Card Game (FSL)
	8:00 am	LGH Lab Service (CC)
		Chair Yoga (ZOOM)
		Coffee with Tracey! (FSL)
iesday,		Poetry #2 Group (GP)
arch 12		Ukulele Group (HOF)
	2:00 pm	Education Program: Jeremiah Miller - Barney Ewell (SH)
	4:15 pm	Meditation with Mark (ZOOM)
		A Table for 10: Josephine's
		•
		Men's Bible Study/Breakfast (FSL) Coffee Club (GC)
		Ladies Bible Study (HOF)
		Exercise with Steve (ZOOM)
/ednesday,		Qi Gong & Tai Chi (SFS)
arch 13		Men's Poker (CP)
		Fireside Theater Play Reading:
	noo pin	Once Upon a Mattress (FSL)
	1:30 pm	Poetry Group (HOF)
		Book Mobile Woodlands Campus
		· · · ·
		Chair Yoga (ZOOM)
		Corn Hole (WG)
		Silver Tenders Train Group (GCDR)
nursday,		Lunch Bunch: Ganley's Irish Pub
arch 14		The Bookies Book Club (HOF) Wood Carving (GP)
		Life Writing Group (CC)
		Pinochle (FSL)
	4:15 pm	Meditation with Mark (ZOOM)

	9:30 am	Mahjong Day (GCDR)
	10:00 am	Exercise with Steve (ZOOM)
	1:00 pm	BUNCO (FSL)
Friday,	1:00 pm	SAGES Orchestra Practice (SH)
March 15	2:00 pm	"Feminism, Nature, & Art: A Quest
		for Ecological & Social Justice" (zoor
	4:01 pm	The 401 Club, Happy Hour Group (HO
	5:00 pm	Men's Pool (HOF)
	10:00 am	Chair Yoga (ZOOM)
Saturday, March 16		Allegro Orchestra Lancaster: Oboes
		Clarinets, Horns, and Haydn, Oh My
Sunday, 🛃	2:30 nm	Vespers (SH)
March 17		Manipulation Card Game (GP)
		Qi Gong & Tai Chi (SFS)
		Exercise with Steve (ZOOM)
Monday,		Movie & Lunch: "Billy Elliot" (SH)
March 18		Ladies Bible Study (HOF) Hand and Foot Card Game (FSL)
		Community Table: Dining for
	5.00 pm	Singles and Solos (TON)
	0:30 am	Chair Yoga (ZOOM)
		Catholic Mass (SH)
		Ukulele Group (HOF)
Tuesday,		Chorus Practice (SH)
March 19		Book Club Book Buddies (HOF)
		Non-Duplicate Bridge (FSL)
	4:15 pm	Meditation with Mark (ZOOM)
	7:30 am	Men's Bible Study/Breakfast (FSL)
	9:00 am	· · · · · · · · · · · · · · · · · · ·
	9:30 am	
		Culinary Event: "For the Love of
		Chocolate" with Mary Griffith (SH)
Wednesday,		Exercise with Steve (ZOOM)
March 20		Qi Gong & Tai Chi (SFS)
		Men's Poker (CP)
		EKG Group (FSL)
	2:00 pm	Walking Club & Outdoor Enthusiast
		· · · · · · · · · · · · · · · · · · ·
	3:30 pm	Event: Lancaster Conservancy (SH)
	· · ·	Event: Lancaster Conservancy (SH) Clio's Book Club (HOF)
	8:00 am	Event: Lancaster Conservancy (SH) Clio's Book Club (HOF) The Breakfast Book Club (TON)
	8:00 am 9:00 am	Event: Lancaster Conservancy (SH) Clio's Book Club (HOF) The Breakfast Book Club (TON) Chair Yoga (ZOOM)
	8:00 am 9:00 am 9:30 am	Event: Lancaster Conservancy (SH) Clio's Book Club (HOF) The Breakfast Book Club (TON) Chair Yoga (ZOOM) Corn Hole (WG)
	8:00 am 9:00 am 9:30 am 10:00 am	Event: Lancaster Conservancy (SH) Clio's Book Club (HOF) The Breakfast Book Club (TON) Chair Yoga (ZOOM) Corn Hole (WG)
Thursday,	8:00 am 9:00 am 9:30 am 10:00 am	Event: Lancaster Conservancy (SH) Clio's Book Club (HOF) The Breakfast Book Club (TON) Chair Yoga (ZOOM) Corn Hole (WG) Resident Association Meeting (ZOOM) March Madness Buffet & Watch Party (HOF)
Thursday, March 21	8:00 am 9:00 am 9:30 am 10:00 am 12:00 pm	Event: Lancaster Conservancy (SH) Clio's Book Club (HOF) The Breakfast Book Club (TON) Chair Yoga (ZOOM) Corn Hole (WG) Resident Association Meeting (ZOOM March Madness Buffet & Watch Party (HOF) Wood Carving (GP)
	8:00 am 9:00 am 9:30 am 10:00 am 12:00 pm	Event: Lancaster Conservancy (SH) Clio's Book Club (HOF) The Breakfast Book Club (TON) Chair Yoga (ZOOM) Corn Hole (WG) Resident Association Meeting (ZOOM) March Madness Buffet & Watch Party (HOF) Wood Carving (GP) Arts & Crafts: Paper Succulent
	8:00 am 9:00 am 9:30 am 10:00 am 12:00 pm 1:00 pm 1:40 pm	Event: Lancaster Conservancy (SH) Clio's Book Club (HOF) The Breakfast Book Club (TON) Chair Yoga (ZOOM) Corn Hole (WG) Resident Association Meeting (ZOOM) March Madness Buffet & Watch Party (HOF) Wood Carving (GP) Arts & Crafts: Paper Succulent Workshop at Horst Arts
	8:00 am 9:00 am 9:30 am 10:00 am 12:00 pm 1:40 pm 2:00 pm	Event: Lancaster Conservancy (SH) Clio's Book Club (HOF) The Breakfast Book Club (TON) Chair Yoga (ZOOM) Corn Hole (WG) Resident Association Meeting (ZOOM) March Madness Buffet & Watch Party (HOF) Wood Carving (GP) Arts & Crafts: Paper Succulent Workshop at Horst Arts Mahjong (GP)
	8:00 am 9:00 am 9:30 am 10:00 am 12:00 pm 1:40 pm 2:00 pm 2:00 pm	Event: Lancaster Conservancy (SH) Clio's Book Club (HOF) The Breakfast Book Club (TON) Chair Yoga (ZOOM) Corn Hole (WG) Resident Association Meeting (ZOOM) March Madness Buffet & Watch Party (HOF) Wood Carving (GP) Arts & Crafts: Paper Succulent Workshop at Horst Arts Mahjong (GP) Pinochle (FSL)
	8:00 am 9:00 am 9:30 am 10:00 am 12:00 pm 1:40 pm 2:00 pm 2:00 pm 4:15 pm	Event: Lancaster Conservancy (SH) Clio's Book Club (HOF) The Breakfast Book Club (TON) Chair Yoga (ZOOM) Corn Hole (WG) Resident Association Meeting (ZOOM) March Madness Buffet & Watch Party (HOF) Wood Carving (GP) Arts & Crafts: Paper Succulent Workshop at Horst Arts Mahjong (GP) Pinochle (FSL) Meditation with Mark (ZOOM)
	8:00 am 9:00 am 9:30 am 10:00 am 12:00 pm 1:00 pm 1:40 pm 2:00 pm 2:00 pm 4:15 pm	Event: Lancaster Conservancy (SH) Clio's Book Club (HOF) The Breakfast Book Club (TON) Chair Yoga (ZOOM) Corn Hole (WG) Resident Association Meeting (ZOOP March Madness Buffet & Watch Party (HOF) Wood Carving (GP) Arts & Crafts: Paper Succulent Workshop at Horst Arts Mahjong (GP) Pinochle (FSL) Meditation with Mark (ZOOM) Meet the Staff and Facility Tour (SH
March 21	8:00 am 9:00 am 9:30 am 10:00 am 12:00 pm 1:00 pm 1:40 pm 2:00 pm 2:00 pm 4:15 pm 9:30 am	Event: Lancaster Conservancy (SH) Clio's Book Club (HOF) The Breakfast Book Club (TON) Chair Yoga (ZOOM) Corn Hole (WG) Resident Association Meeting (ZOOM) March Madness Buffet & Watch Party (HOF) Wood Carving (GP) Arts & Crafts: Paper Succulent Workshop at Horst Arts Mahjong (GP) Pinochle (FSL) Meditation with Mark (ZOOM) Meet the Staff and Facility Tour (SH Pins and Needles (GP)
March 21	8:00 am 9:00 am 9:30 am 10:00 am 12:00 pm 1:00 pm 1:40 pm 2:00 pm 2:00 pm 4:15 pm 9:30 am 9:30 am 10:00 am	Event: Lancaster Conservancy (SH) Clio's Book Club (HOF) The Breakfast Book Club (TON) Chair Yoga (ZOOM) Corn Hole (WG) Resident Association Meeting (ZOOM) March Madness Buffet & Watch Party (HOF) Wood Carving (GP) Arts & Crafts: Paper Succulent Workshop at Horst Arts Mahjong (GP) Pinochle (FSL) Meditation with Mark (ZOOM) Meet the Staff and Facility Tour (SH Pins and Needles (GP) Exercise with Steve (ZOOM)
March 21	8:00 am 9:00 am 9:30 am 10:00 am 12:00 pm 1:00 pm 1:40 pm 2:00 pm 2:00 pm 4:15 pm 9:30 am 9:30 am 10:00 am 1:00 pm	Event: Lancaster Conservancy (SH) Clio's Book Club (HOF) The Breakfast Book Club (TON) Chair Yoga (ZOOM) Corn Hole (WG) Resident Association Meeting (ZOOM) March Madness Buffet & Watch Party (HOF) Wood Carving (GP) Arts & Crafts: Paper Succulent Workshop at Horst Arts Mahjong (GP) Pinochle (FSL) Meditation with Mark (ZOOM) Meet the Staff and Facility Tour (SH Pins and Needles (GP) Exercise with Steve (ZOOM) Duplicate Bridge (FSL)
March 21	8:00 am 9:00 am 9:30 am 10:00 am 12:00 pm 1:00 pm 1:40 pm 2:00 pm 2:00 pm 4:15 pm 9:30 am 9:30 am 10:00 am	Event: Lancaster Conservancy (SH) Clio's Book Club (HOF) The Breakfast Book Club (TON) Chair Yoga (ZOOM) Corn Hole (WG) Resident Association Meeting (ZOOM) March Madness Buffet & Watch Party (HOF) Wood Carving (GP) Arts & Crafts: Paper Succulent Workshop at Horst Arts Mahjong (GP) Pinochle (FSL) Meditation with Mark (ZOOM) Meet the Staff and Facility Tour (SH Pins and Needles (GP) Exercise with Steve (ZOOM)

PURSUITS 2

Saturday, March 23		Chair Yoga (ZOOM) 4th Saturday Social (CC)
Sunday, March 24		Vespers (SH) Manipulation Card Game (GP)
Monday, March 25	11:00 am 1:00 pm	Qi Gong & Tai Chi (SFS) Exercise with Steve (ZOOM) Ladies Bible Study (HOF) Hand and Foot Card Game (FSL)
Tuesday,	9:30 am	LGH Lab Service (CC) Chair Yoga (ZOOM) Aging Well Education Series: "Questioning how to plan your estate" (SH)
March 26	1:30 pm 1:30 pm 3:30 pm	Ukulele Group (HOF) Chorus Practice (SH) "Book Club Trois" (various locations) "Woodie Bookies" Book Club (HOF) Meditation with Mark (ZOOM)
Wednesday, March 27	9:00 am 9:30 am 10:00 am 10:00 am 12:45 pm	Men's Bible Study/Breakfast (FSL) Coffee Club (GC) Ladies Bible Study (HOF) Exercise with Steve (ZOOM) Qi Gong & Tai Chi (SFS) Men's Poker (CP) Poetry Group (HOF)
		Chair Yoga (ZOOM) Coffee and Conversation with
Thursday, March 28	9:30 am 11:00 am 1:00 pm 1:00 pm 2:00 pm 2:00 pm	Senator Ryan Aument (SH) Penn Cinema Movie Matinee Corn Hole (WG) The Gathering Book Club (GP) Quilters and Sewers (HOF) Wood Carving (GP) Mahjong (GP) Pinochle (FSL) Meditation with Mark (ZOOM)
Friday, March 29		The 401 Club, Happy Hour Group (HOF)
Saturday, March 30	10:00 am	Chair Yoga (ZOOM)
Sunday, March 31		Vespers (SH) Manipulation Card Game (GP)
7	tap	py Easter

Featured Events & Excursions

Comedy Club

MONDAY, MARCH 4 1:00 pm • The Gathering Place

Do you have an interest in standup, improv, and sketch comedy and are interested in pursuing it in a nonthreatening environment? There are many funny skits about "meetings about meetings." For a good laugh, you can check them out on YouTube. This meeting may be fun, but it also will be informative and productive. So, comedy lovers, plan to join!

Registration is not necessary.

Amish Meal with Allen & Amanda King: Bus Trip

TUESDAY, MARCH 5 Depart Founders Campus at 4:30 pm and Woods Apartment Building at 4:35 pm

The 73-acre King Farm in Elizabeth Township has been in the family since 1971 and protected forever in the spring of 2022 with the Lancaster Farmland Trust. We visited the farm in 2023, and now it is our opportunity to share a meal hosted by the family.

Cost is \$23 and includes transportation and dinner. Register on CATIE or with Jeanne.



Fulton Theater Shuttle: 9 to 5 The Musical WEDNESDAY, MARCH 6

Depart Woods Apartment Building at 1:00 pm

Pushed to the boiling point, three female coworkers concoct a plan to get even with the sexist, egotistical, lying, hypocritical bigot they call their boss. In a hilarious turn of events, Violet, Judy, and Doralee live out their wildest fantasy taking control of the company that had always kept them down. 9 to 5 The Musical, with music and lyrics by Dolly Parton and book by Patricia Resnick, is based on the 1980's hit movie of the same name.

Residents are asked to pre-purchase their tickets.

Shuttle transportation is reserved for Season Ticket holders. A limited number of shuttle seats remain for individual ticket holders. Register for the shuttle on CATIE or with Jeanne.

Rummikub: Game Time! WEDNESDAY, MARCH 6

1:00 pm - Fireside Lounge

Rummikub is easy to learn. Players take turns placing numbered tiles in runs or groups, Tummy style – the first player to use all of their tiles wines! This is open for all ... beginners and experienced players. Snacks will be provided.

Registration is not necessary. Shuttle transportation will be provided. Register for the shuttle with Jeanne

IT Support and Education: Scams and Frauds: Protection for Seniors THURSDAY, MARCH 7

2:00 pm • ZOOM

We are pleased to welcome Adam Montpetit, Vice

President, Fulton Bank, to present on why seniors are targeted in frauds and scams, what are red flags, what are common scams, and what to do if you encounter a scammer.

The ZOOM link will be emailed the morning of the presentation.

Stan Tucker Music Trivia FRIDAY, MARCH 8

2:30 pm - The Owl's Nest

Local DJ Stan Tucker will be spinning the tunes of the decades and testing your music memories with music trivia. Prizes will be awarded! Grab a friend or come alone, teams will be formed.

Shuttle transportation will be provided. Register for the shuttle with Jeanne

Lancaster Symphony Orchestra: "Vivaldi's Four Season"

SATURDAY, MARCH 9

Depart Woods Apartment Building at 1:45 pm

Get ready to be enchanted by a brilliant performance as virtuoso violinist William Hagen takes the stage in a mesmerizing concert. The program includes Benjamin Britten's "Simple Symphony," Arvo Part's Cantus in "Memory of Britten," and Vivaldi's "Le Quattro Stagioni (The Four Seasons)."

Residents are asked to pre-purchase their tickets. Shuttle cost is \$3.00 Register for the shuttle on CATIE or with Jeanne

RACK-O: Game Time!

MONDAY, MARCH 11

10:00 am - Garden Court Dining Room

RACK-O is timeless fun!! This is open for all ... beginners and experienced players. RACK-O is a sequential-matching card game with the objective of obtaining 10 numbers, in numerical order, in one's rack. Snacks will be provided.

Registration is not necessary.

Coffee with Tracey!

TUESDAY, MARCH 12

10:00 am • Fireside Lounge

Meet Tracey Campbell, RL Social Worker, for Coffee and Conversation. This month, Tracey's guest is Dr. Jennifer Robertshaw, Family Medicine, from Penn Medicine HealthWorks – Lititz. This Direct Primary Care practice offers an alternative and more specialized approach to health care. Plan to attend to meet Dr. Robertshaw and learn more.

Registration to attend is not necessary. Shuttle transportation will be provided. Register for the shuttle with Jeanne.

Education Program: Jeremiah Miller – Barney Ewell

TUESDAY, MARCH 12 2:00 pm - Steinman Hall

The Education Committee is pleased to welcome Jeremiah Miller, writer and director of "Breaking Through: The Barney Ewell Story," a historical and biographical documentary about Lancastrian and Olympic sprinter Henry Norwood "Barney" Ewell. Mr. Miller is also a member of the Barney Ewell Legacy Committee, formed in 2016 to bring a much greater public profile to Ewell. Ewell Plaza was established for the sprinting champion and includes a statue of him cast in bronze.

Registration to attend is not necessary. Shuttle transportation will be provided. Register for the shuttle with Jeanne.

A Table for 10: Josephine's

TUESDAY, MARCH 12

Depart Woods Apartment Building at 4:30 pm

This is your opportunity to enjoy fine dining without the drive! This month, we head to Josephine's in Lancaster. There is no select menu for this event, participants will have the opportunity to order from the entire menu.

Cost is \$3.00 for the shuttle, meal is on your own. Registration is necessary and limited to 10 guests. Register on CATIE or with Jeanne.



Fireside Theater Play Reading: Once Upon a Mattress

WEDNESDAY, MARCH 13 1:30 pm • Fireside Lounge

"Once Upon a Mattress" is a Broadway Musical based on the well-known fairy tale, "The Princess and The Pea." Princess Winnifred (played by Carol Burnett in 1959) is an ungainly brash girl competing for the hand of Prince Dauntless, whose domineering mother Queen Aggravain has declared he must marry a "true" princess before anyone else in the kingdom can marry. Participate by reading the script, just listening, humming along, or singing along! All are welcome.

Registration is not necessary.

Lunch Bunch: Ganley's Irish Pub

THURSDAY, MARCH 14 Depart Founders Campus 10:45 am and Woods Apartment Building 10:50 am

Let's celebrate "St. Patrick's



Day" with lunch at Ganley's Irish Pub! Participants will order from a select menu of their Irish specialties, including Guinness Beef Dip, Ganley's Reuben, Fish & Chips, Banger's and Mash, and Shepherd's Pie.

Cost is \$25 and includes transportation, meal, and beverage. Alcohol beverages are available for purchase.



Mahjong Day

FRIDAY, MARCH 15 9:30 am - Garden Court Dining Room

Do you enjoy playing Mahjong? Hatsy Droke is arranging a day of Mahjong Fun! Participants will gather at 9:30 am for conversation. Play begins at 10:00 am and ends at 3:00 pm with a break for lunch. Lunch is on your own from the Gallery Café. Registration through Hatsy Droke at hdroke552@ gmail.com

Registration is limited to 24.

Featured Events & Excursions

"Feminism, Nature, and Art: A Quest for Ecological and Social Justice" **Contemporary Issues Program**

FRIDAY, MARCH 15 2:00 pm - ZOOM

The Contemporary Issues Group is pleased to welcome Dr. Christine Filippone, Professor of Art History at Millersville University, to Celebrate Women's History Month. The basic principles of Feminism include gender equality, ending sexual violence, and commitment to human rights, among others. Ecofeminism is a branch of Feminism that connects how patriarchal societies treat women and nature. Dr. Filippone will help us better understand ecofeminism through art from the late 1960s to the early 21st century by artists investigating the relationship between the treatment of women and the environment.

The ZOOM link will be emailed the morning of the presentation.

Allegro Orchestra Lancaster Shuttle: **Oboes**, Clarinets, Horns, and Haydn, Oh My! **SATURDAY, MARCH 16**

Depart Woods Apartment Building at 3:00 pm This afternoon's repertoire

includes Bach: Brandenburg Concerto No. 1, Donizetti: Concertino for Clarinet,

Grainger: Irish Tune from County Derry, and Haydn: Symphony No. 64 "Times are Changed."

Residents are asked to pre-purchase their tickets. Shuttle cost is \$3.00. Register for the shuttle on CATIE or with Jeanne

Movie Matinee and Lunch: "Billy Elliot" **MONDAY, MARCH 18**

12:00 noon - Steinman Hall

This 2000 comedy-drama film is the personal story of a miner's son in Northern England whose life is forever changed when he stumbles upon a ballet class on his way to boxing lessons. You will enjoy this charming feel-good movie with a lunch of turkey, bacon, lettuce, and tomato on a croissant, with chips and your choice of beverage, and a cookie.

Cost is \$8 per person. Register on CATIE or with Jeanne. Shuttle transportation will be provided. Register for the shuttle with Jeanne.

Community Table: Dining for Singles & Solos MONDAY, MARCH 18

5:00 pm - The Owl's Nest

The philosophy of the Community Table is to provide an opportunity for single and solo diners to come together in a casual, social, vibrant, and enjoyable atmosphere at one of our dining venues. Do you like meeting new people and dining with others? Then the Community Table is for you! Seating will be determined by "pick a number" to mix things up!

Register by calling 717-626-3559. Shuttle transportation will be provided. Register for the shuttle with Jeanne.



Culinary Event: "For the Love of Chocolate" with Mary Griffith, Virginia's Finest Chocolate WEDNESDAY, MARCH 20 10:00 am - Steinman Hall

Join a talented and award-winning chocolatier and Road Scholar presenter to learn about the history of chocolate, where and how chocolate grows, and how it is harvested. By the middle of the 18th century, hot chocolate, flavored with a variety of spices, had become a favorite drink in both Europe and America. Our instructor, Mary Griffith will provide us with some background about how this New World concoction originated and found its way into the courts of the Continent. You will have the opportunity to assist in the preparation of a chocolate treat, which of course, you will also be able to take with you and enjoy!

Registration is necessary and limited to 24 guests. Register on CATIE or with Jeanne. Shuttle transportation will be provided. Register for the shuttle with Jeanne.



Walking Club & Outdoor Enthusiast Event: The Lancaster Conservancy

WEDNESDAY, MARCH 20 2:00 pm - Steinman Hall

In 2024, the Walking Club will enjoy several trails through the Lancaster Conservancy preserves. Before each hike, members of the Conservancy will make a presentation, including a Q&A with the expert presenter. In preparation for an April hike to Shenk's Ferry Wildflower Preserve, we will learn about Spring Ephemeral Wildflowers that bloom in early spring before the forest canopy leafs out. This presentation will explore the magical world of spring ephemeral wildflowers, examine their survival and reproductive strategy, and provide tips to identify the most common beauties. All are welcome to attend each lecture in the series, participation in the walk is optional. Registration is not necessary.

Shuttle transportation will be provided. Register for the shuttle with Jeanne.

March Madness Buffet and Watch Party **THURSDAY, MARCH 21** 12:00 noon - Hall of Fame

Join the Madness of the annual NCAA college basketball tournament on the big screen! Wear your favorite college team shirt, participate in a free throw competition, and answer basketball trivia for prizes. Package includes an all-you-can-eat game day buffet, 1 beer, and unlimited non-alcohol beverages.

Cost is \$25 per person Register on CATIE or with Jeanne.





Arts and Crafts: Paper Succulent Workshop at Horst Arts

THURSDAY, MARCH 21 Depart Founders Campus at 1:40 pm and Woods Apartment Building at 1:45 pm.

Let's try a fun-filled afternoon of creativity at Horst Arts in Manheim! The Paper Succulent Workshop is the perfect opportunity to unleash your artistic side and learn how to craft beautiful succulents out of paper. Whether you are a seasoned crafter or a complete beginner, this event is suitable for all skill levels. Our friendly instructor, Chelsea Pomponio, will guide us through the process, providing step-by-step instructions and sharing valuable tips and tricks. During the workshop, you will have the chance to experiment with different paper colors and textures to create unique and lifelike succulents. Not only will you leave with a beautiful handmade creation, but you will also enjoy an afternoon of creativity, laughter, and joy of crafting!

Cost is \$25 per person. Register on CATIE or with Jeanne.

Meet the Staff and Facility Tour

FRIDAY, MARCH 22 9:30 am - Steinman Hall

This is your opportunity to meet the key staff members you will interact with on a routine basis while living here at Moravian Manor Communities. A Continental Breakfast will be served. Following the "Meet and Greet," all will have an opportunity to tour the Residential Living areas on the Founders Campus.

Register on CATIE or with Jeanne. Shuttle transportation will be provided. Register for the shuttle with Jeanne.

Featured Events & Excursions

SAGE Extravaganza Spring Concert **FRIDAY, MARCH 22**

2:00 pm - Steinman Hall

The Moravian Manor Communities Orchestra, Jazz Band, and Beetles Band will take the stage for their spring concert. Each group is made up of residents, friends, and some students from Linden Hall. Many have not played a musical instrument since high school. They have been learning and practicing under the guidance of conductor Terry Mallard. Registration to attend is not necessary.

Shuttle transportation will be provided. Register for the shuttle with Jeanne.

Aging Well Series: "Questioning How to Plan Your Estate, Set Up a Trust, Or Gift To Others?

TUESDAY, MARCH 26 10:00 am - Steinman Hall

Join representatives from Orrstown Financial Advisors and Barley Snyder Attorneys as they discuss a variety of topics related to planning in retirement, including estates and wills, asset ownership, and transfers of wealth to family charities, and others. A question and answer period will follow.

Registration to attend is not necessary. Shuttle transportation will be provided. Register for the shuttle with Jeanne.



Coffee and Conversation with Senator Ryan Aument **THURSDAY, MARCH 28** 9:00 am - Steinman Hall

PA Senator Ryan Aument will join us for Coffee and Conversation. The event will offer light refreshments and allow constituents living at Moravian Manor Communities to engage in an informal conversation about what is happening in our local community and in Harrisburg.

Register on CATIE or with Jeanne. Shuttle transportation will be provided. Register for the shuttle with Jeanne.

Penn Cinema Movie Matinee

THURSDAY, FEBRUARY 28 Depart Founders Campus at 9:25 am and Woods Apartment Building at 9:30 am

We take over Penn Cinema for our choice of two feature films.

See CATIE for film selection. Cost is \$7 per person. Register on CATIE or with Jeanne and indicate whether you need shuttle transportation.

Holy Week Vespers Services:

March 24 Palm Sunday Worship

March 25 Holy Week Hymn Sing

March 26 **Prayer and Hymn Service**

March 27 **Prayer and Contemplation**

March 28 Maundy Thursday Service with Communion

> March 29 **Good Friday Tenebrae Service**

> > March 31 **Easter Sunday Vespers**

Coming Soon

April 1: MMC Senior Games

April 2: Hike at Shenk's Ferry Wildflower Preserve

April 4: Healthy Eating with Dietician Erin Smucker

April 9: Music and Entertainment by The Moonlighters

April 11: Lancaster Lebanon Quilt Show April 18: Comedy Coffee House

April 23: Sage Brush Concert

April 24: Coffee and **Conversation with Councilman Jerry Meck**

April 24: Lamplighter's Spring Glen Soup Sale

April 27: Lamplighter's Porch Sale

FOUNDERS CAMPUS

MCCLOUD CAMPUS CENTER

Gallery Café

Open for Breakfast & Lunch Monday – Friday 7:30 am – 2:30 pm Saturday & Sunday 11:00 am - 2:00 pm Call Ahead To Go Orders: 717-625-6358

Garden Court Dining Room

Open for Dinner Monday – Friday 4:30 pm last seating at 6:30 pm **Reservations and Call Ahead** To Go Orders: 717-625-7616

CONTACT THE DINING TEAM:

Bill Zimnoch Terry Wilson Bill Bundy

717-625-6118 717-625-6133 717-625-6117



Artist Corner

During the month of March, **ELLEN PENNINGTON** will display her works of art in the McCloud Campus Center Art Gallery on the Founders Campus. Ellen is a watercolorist and member of the Lititz Art Association. A Grand Opening Wine and Cheese Reception will be held during the month.

Culinary Offerings

WARWICK WOODLANDS CAMPUS **OAKS CAMPUS CENTER**

The Owl's Nest Restaurant & Sippery

Open for Breakfast, Lunch & Dinner 717-626-3559 Monday – Friday Saturday Sunday

7:30 am - 8:00 pm Closed Closed

CONTACT THE DINING TEAM:

Joni Cromer	717-625-6775
Ed Koporowicz	717-625-6776

Week of March 18 Irish Themed Specials in The Owl's Nest

March 18: Irish Themed Menu in Garden **Court Dining Room**

March 19: Spring Soup & Salad Buffet in Garden Court Dining Room, \$11.00 per person

March 31: Easter Lunch Meal in Garden **Court Dining Room.**

The Owl's Nest will be closed on Easter Sunday.



Library Corner

The library always appreciated book donations from residents, and many recently published donations end up in our library collection. If you are curious about the recently added books, you can view them by accessing the Library Catalogue on CATIE ... on the left menu, select "INFO General Residential." Within the menu, select "MMC Library," then select "Online Library Catalog." That will navigate you to an online database screen including all books in our library. There are different view and lookup options. To see what books have recently been added, look for the A-Z arrow on the right. Click on it and select "Added date." This will change the view of the catalog to show titles in the order they were added with the most recent ones at the top.

Some new additions:

- John Grisham "The Exchange"
- James Patterson "Alex Cross Must Die"
- Jo Jo Moyes "Still Me"
- H. W. Brands "Founding Partisans"

MMC SALON & BARBER SERVICES



Moravian Manor Communities' Salon & Barber Services can help keep you looking and feeling good.

Two locations on the Founders Campus within the main building:

> **BAER ESSENTIALS:** West of the main lobby

SILVER STYLES: First floor of Health Center South

By appointment only • 717-625-6114 If our stylists are busy helping other customers, please leave a message.

SAVE THE DATE! 2024 Elite Coach Trips



APRIL 15:

Harriet Tubman and the Eastern Shore! Tour the Harriet Tubman Underground Railroad Visitors Center, the mural, and hear the stories along the Harriet Tubman Byway during this guided tour.

MAY 13:

Annapolis! Walking Tour of the US Naval Academy followed by a three-course lunch at the USNA Officer's Club and Chesapeake Bay Cruise on board the Harbour Queen

> **JUNE 26:** Chesapeake Dine Around and Cruise

JULY 16: Ocean City, NJ, do as you please

SEPTEMBER 25: New York City, 911 Museum and A Slice of Brooklyn Pizza Tour

OCTOBER 7-11: Overnight Trip to Cape Cod, including Whale Watching

DECEMBER 9-12:

Overnight Trip to the Biltmore, including tours and spa time on your own

SEE YOU AROUND

... Campus

Resident Association Meeting THURSDAY, MARCH 21 10:00 am ZOOM

County Bookmobile 2ND WEDNESDAY EACH MONTH 3:30 - 4:30 pm Woods Apartment Lobby

Library System of Lancaster

Founders Campus 4th Saturday Social

MARCH 23 4:00 pm Garden Court Dining Room

... Downtown Lititz



Rotary Club of Lititz 2024 Travelogue Series

Your seat awaits you, so make plans to buckle up for travel adventures around the beautiful globe. Tickets sold at the door (\$8/adults, \$4/children, \$20/adult season ticket)

Grace Church, 501 W. Lincoln Avenue, Lititz Matinee at 2:00 p.m. & Evening at 7:00 p.m.

- "Yellowstone Trails & Tails" with Dale Johnson, Saturday, March 16, 2024
- "Great Cities of Europe" with Marlin Darrah, Saturday, April 13, 2024
- "The Road to Namibia" with Rick Ray (includes South Africa and Victoria Falls), Saturday, May 25, 2024.

More details at www.lititzrotary.com.







In Remembrance of ...

Sharon M. Little August 18, 1953 – January 1, 2024

Howard J. Charles August 17, 1935 – January 6, 2024

Lois J. Kaufman April 24, 1933 – January 7, 2024

Martha H. Keister June 5, 1924 – January 9, 2024

Rita Romanoff June 22, 1923 – January 18, 2024

Carol Johnson November 18, 1939 - January 27, 2023

Doris N. "Nadine" Hanna June 21, 1928 – January 30, 2024

Daniel Sloan April 5, 1942 - February 1, 2024





CELEBRATING BIRTHDAYS THIS MONTH:

MARCH

2 John Wylie 3 Fern Clemmer Barbara Metzler **Barbara Miller** Jo Boltz 4 Linda Sloan Donald McIlvenna 6 **Dick Minnich** 7 8 **Bryan Bodwell** John Strogus Judy Homan 9 11 Earl MacBride David Swanson **Bill Sheeler** 12 13 Louise Best Ann Ober **Dale Smith** Barbara Black 14 **Bob Brockley** 15 John Villella 17 Gloria Polett 23 **Shirley Offerman Dennis Sitler** Lee Ober 24 27 Inda Graybill Cathy Lonas **Bruce McCrae** Mary Ann McSparran Walter Offermann 29 Tom Miller 31

PURSUITS AT MMC!

THE ARTS

Comedy Club Embroidering, Knitting & Gabbing Painting Pins and Needles Quilters & Sewers SAGES – Orchestra & Music Groups Silver Tenders Model Railroad Ukulele Group Wood Carving Woodshop

CULINARY

Beer Bunch Dining Round the World Herbal Society

COMMITTEES

Art Community Life Culinary Council Exploring the Performing Arts Lamplighter's Auxiliary Library Resident Council Social

FITNESS & WELLNESS

Bike Riding Club Chair Yoga Country Line Dancing Exercise with Steve Golf Group LGH Lab Service Low Vision Support Group Meditation Pickle Ball Qi Gong Tai Chi



GAMES

Bridge, Duplicate Bridge, Non-Duplicate BUNCO Corn Hole Hand, Knee & Foot Card Game Hand and Foot Card Game Ladies Right on Cue Mahjong Manipulation Card Game Men's Poker Men's Pool Pinochle

MIND

Book Clubs Life Writing Group

OUTDOORS

Bocce Corn Hole Gardening Club Putting Green Shuffleboard

SOCIAL

4th Saturday Social Happy Hour Movies Musical Entertainment Singles & Solos Community Dining

SPIRITUAL

Catholic Mass Episcopalian Service Ladies Bible Study Men's Bible Study & Breakfast Weekly Vespers

TRIPS

Coach Bus Day Trips Local Arts Local Cultural

COMMITTEE MEETINGS

Day	Time	Committee	Location
1st Thursday, March 7	10:00 am	Resident Council	ZOOM
2nd Tuesday, March 12	9:30 am	Culinary Council	Fire Side Lounge
2nd Thursday, March 14	10:00 am	Lamplighter's	Hall of Fame
3rd Friday, March 15	9:00 am	Social Committee	The Owl's Nest
3rd Friday, March 15	1:00 pm	Library Committee	Library
3rd Thursday, March 21	10:00 am	Art Committee	Fire Side Lounge
4th Monday, March 25	9:00 am	Community Life Comittee	Hall of Fame