



OCTOBER 2023

PURSUIT

Pursue things to do, learn and share at MMC every day!

JOIN US ON & OFF CAMPUS ...

Photo credit: Don Campbell

Pursue things to do, learn & share at MMC!

CALENDAR KEY	
Weekly Reoccurring	LOCATIONS
Bi-Weekly Reoccurring	CC = Center Court
Monthly Reoccurring	CP = Corner Pocket
Featured Events & Excursions — <i>pages 4-5</i>	CR = Conference Room
	FSL = Fire Side Lounge
	GC = Gallery Café
	GCDR = Garden Court Dining Room
	GP = Gathering Place
	HOF = Hall of Fame
	LRC = Lititz recCenter
	SH = Steinman Hall
	SFS = Smart Fit Studio
	TON = The Owl's Nest
	WG = Woods Garage
	WP = Woodlands Pavilion
	ZR = Zinzendorf Room
Date	Time & Program (Location)
Sunday, October 1	2:30 pm Vespers (SH) 5:30 pm Manipulation Card Game (GP)
Monday, October 2	9:30 am Qi Gong & Tai Chi (SH) 11:00 am Advanced Qi Gong & Tai Chi (WP) 11:00 am Exercise with Steve (ZOOM) 1:00 pm Ladies Bible Study (HOF) 2:00 pm Hand and Foot Card Game (FSL)
Tuesday, October 3	9:30 am Bocce (Bocce Court) 9:30 am Chair Yoga (ZOOM) 10:30 am Ukulele Group (HOF) 1:00 pm Chorus Practice (SH) 1:00 pm Non-Duplicate Bridge (FSL) 2:00 pm BUNCO (GCDR) 4:15 pm Meditation with Mark (ZOOM)
Wednesday, October 4	7:30 am Men's Bible Study/Breakfast (FSL) 9:00 am Coffee Club (GC) 9:30 am Qi Gong & Tai Chi (SH) 9:30 am Ladies Bible Study (HOF) 10:00 am Exercise with Steve (ZOOM) 11:00 am Advanced Qi Gong & Tai Chi (WP) 12:00 pm Beginner's Exercise w/Steve (ZOOM) 12:00 pm Low Vision Support Group (TON) 12:45 pm Men's Poker (CP) 1:00 pm Bocce (Bocce Court) 1:00 pm EKG Group (HOF)
Thursday, October 5	9:00 am Chair Yoga (ZOOM) 9:30 am Corn Hole (WG) 11:30 am Juliet's – Olive Garden Soup, Salad, and Breadsticks 1:00 pm Wood Carving (GP) 2:00 pm Lit Wits Book Club (HOF) 2:00 pm Mahjong Instruction (GP) 2:00 pm Pinochle (FSL) 4:15 pm Meditation with Mark (ZOOM)

Friday, October 6	10:00 am Exercise with Steve (ZOOM) 1:00 pm Hand Knee & Foot Card Game (FSL) 1:00 pm SAGES Orchestra Practice (SH) 4:01 pm The 401 Club, Happy Hour Group (HOF) 5:00 pm Men's Pool (HOF)
Saturday, October 7	10:00 am Chair Yoga (ZOOM)
Sunday, October 8	2:30 pm Vespers (SH) 5:30 pm Manipulation Card Game (GP)
Monday, October 9	9:30 am Qi Gong & Tai Chi (SH) 11:00 am Advanced Qi Gong & Tai Chi (WP) 11:00 am Exercise with Steve (ZOOM) 1:00 pm Ladies Bible Study (HOF) 2:00 pm Hand and Foot Card Game (FSL)
Tuesday, October 10	8:00 am LGH Lab Service (CC) 9:30 am Bocce (Bocce Court) 9:30 am Chair Yoga (ZOOM) 10:00 am Poetry Group #2 (GP) 10:30 am Ukulele Group (HOF) 2:00 pm Education Program – Nancy Groff, Author and Speaker (SH) 4:15 pm Meditation with Mark (ZOOM) 4:30 pm Good Grub Supper Club: The Belvedere Inn
Wednesday, October 11	7:30 am Men's Bible Study/Breakfast (FSL) 9:00 am Coffee Club (GC) 9:30 am Qi Gong & Tai Chi (SH) 9:30 am Ladies Bible Study (HOF) 10:00 am Exercise with Steve (ZOOM) 11:00 am Advanced Qi Gong & Tai Chi (WP) 12:45 pm Men's Poker (CP) 1:00 pm Bocce (Bocce Court) 1:00 pm Herb and Garden Society (FSL) 3:00 pm Book Mobile Founders Campus 4:00 pm Book Mobile Woodlands Campus
Thursday, October 12	9:00 am Chair Yoga (ZOOM) 9:30 am Corn Hole (WG) 9:30 am Silver Tenders Train Group (GCDR) 1:00 pm Wood Carving (GP) 2:00 pm Life Writing Group (CC) 2:00 pm Mahjong (GP) 2:00 pm New Horizon's Jazz Band (SH) 2:00 pm Pinochle (FSL) 4:15 pm Meditation with Mark (ZOOM)
Friday, October 13	9:30 am Pins and Needles (GP) 10:00 am Exercise with Steve (ZOOM) 1:00 pm Duplicate Bridge (FSL) 1:00 pm SAGES Orchestra Practice (SH) 4:01 pm The 401 Club, Happy Hour Group (HOF) 5:00 pm Men's Pool (HOF)
Saturday, October 14	10:00 am Chair Yoga (ZOOM) 11:00 am Reed Family Bookshelf Dedication

Sunday, October 15	2:30 pm Vespers (SH) 5:30 pm Manipulation Card Game (GP)
Monday, October 16	9:30 am Qi Gong & Tai Chi (SH) 11:00 am Advanced Qi Gong & Tai Chi (WP) 11:00 am Exercise with Steve (ZOOM) 1:00 pm Ladies Bible Study (HOF) 2:00 pm 9 to 5 – Monday Movie Matinee (SH) 2:00 pm Hand and Foot Card Game (FSL) 5:00 pm Community Table (TON)
Tuesday, October 17	9:30 am Bocce (Bocce Court) 9:30 am Chair Yoga (ZOOM) 10:30 am Catholic Mass (SH) 10:30 am Ukulele Group (HOF) 1:00 pm Book Club Book Buddies (HOF) 1:00 pm Chorus Practice (SH) 1:00 pm Non-Duplicate Bridge (FSL) 4:15 pm Meditation with Mark (ZOOM)
Wednesday, October 18	7:30 am Men's Bible Study/Breakfast (FSL) 9:00 am Coffee Club (GC) 9:10 am Martin Guitar and Morningstar Living Tour with Lunch 9:30 am Qi Gong & Tai Chi (SH) 9:30 am Ladies Bible Study (HOF) 10:00 am Exercise with Steve (ZOOM) 11:00 am Advanced Qi Gong & Tai Chi (WP) 12:45 pm Men's Poker (CP) 1:00 pm Bocce (Bocce Court) 1:00 pm EKG Group (FSL) 3:30 pm Clio's Book Club (HOF)
Thursday, October 19	8:00 am The Breakfast Book Club (TON) 9:00 am Chair Yoga (ZOOM) 9:30 am Corn Hole (WG) 10:00 am Resident Association 10:00 am Flagship Therapy Meet the Therapist (SH) 1:00 pm The Bookies Book Club (HOF) 1:00 pm Wood Carving (GP) 2:00 pm Mahjong Instruction (GP) 2:00 pm Pinochle (FSL) 4:15 pm Meditation with Mark (ZOOM)
Friday, October 20	10:00 am Exercise with Steve (ZOOM) 1:00 pm SAGES Orchestra Practice (SH) 2:00 pm BUNCO (FSL) 2:00 pm Looking Ahead to 2024: Another Unprecedented Election? Contemporary Issues Program (ZOOM) 4:01 pm The 401 Club, Happy Hour Group (HOF) 5:00 pm Men's Pool (HOF)
Saturday, October 21	10:00 am Chair Yoga (ZOOM) 6:30 pm Allegro Orchestra Lancaster Shuttle Halloween & Legend of Sleepy Hollow
Sunday, October 22	2:30 pm Vespers (SH) 5:30 pm Manipulation Card Game (GP)
Monday, October 23	9:30 am Qi Gong & Tai Chi (SH) 11:00 am Advanced Qi Gong & Tai Chi (WP) 11:00 am Exercise with Steve (ZOOM) 1:00 pm Ladies Bible Study (HOF) 2:00 pm Hand and Foot Card Game (FSL)

Tuesday, October 24	8:00 am LGH Lab Service (CC) 9:30 am Bocce (Bocce Court) 9:30 am Chair Yoga (ZOOM) 10:00 am Life Long Enrichment's Aging Well Series (ZR) 10:30 am Ukulele Group (HOF) 11:30 am ROMEO'S – Arooga's 1:00 pm Chorus Practice (SH) 1:00 pm "Woodie Bookies" Book Club (HOF) 1:30 pm "Book Club Trois" (various locations) 4:15 pm Meditation with Mark (ZOOM)
Wednesday, October 25	7:30 am Men's Bible Study/Breakfast (FSL) 9:00 am Coffee Club (GC) 9:30 am Qi Gong & Tai Chi (SH) 9:30 am Ladies Bible Study (HOF) 10:00 am Exercise with Steve (ZOOM) 11:00 am Advanced Qi Gong & Tai Chi (WP) 12:45 pm Men's Poker (CP) 1:00 pm Bocce (Bocce Court) 1:30 pm Poetry Group (HOF) 5:00 pm Lancaster Ghost Tour and Cocktails at The Exchange
Thursday, October 26	9:00 am Chair Yoga (ZOOM) 9:25 am Penn Cinema Movie 9:30 am Corn Hole (WG) 11:00 am "The Gathering Book Club" (GP) 1:00 pm Quilters and Sewers (HOF) 1:00 pm Wood Carving (GP) 2:00 pm Mahjong (GP) 2:00 pm Pinochle (FSL) 4:15 pm Meditation with Mark (ZOOM)
Friday, October 27	9:30 am Pins and Needles (GP) 10:00 am Exercise with Steve (ZOOM) 1:00 pm Duplicate Bridge (FSL) 1:00 pm SAGES Orchestra Practice (SH) 4:01 pm The 401 Club, Happy Hour Group (HOF) 5:00 pm Men's Pool (HOF)
Saturday, October 28	10:00 am Chair Yoga (ZOOM) 1:00 pm Jesus Christ Superstar – Ephrata Playhouse in the Park 1:45 pm Lancaster Symphony Orchestra Shuttle – Extraordinary Duos 4:00 pm 4th Saturday Social (CC)
Sunday, October 29	2:30 pm Vespers (SH) 5:30 pm Manipulation Card Game (GP)
Monday, October 30	9:30 am Qi Gong & Tai Chi (SH) 11:00 am Advanced Qi Gong & Tai Chi (WP) 11:00 am Exercise with Steve (ZOOM) 1:00 pm Ladies Bible Study (HOF) 2:00 pm Hand and Foot Card Game (FSL)
Tuesday, October 31	9:30 am Bocce (Bocce Court) 9:30 am Chair Yoga (ZOOM) 10:30 am Ukulele Group (HOF) 4:15 pm Meditation with Mark (ZOOM)

Featured Events and Excursions

Juliet's – Olive Garden Soup, Salad, and Breadsticks

THURSDAY, OCTOBER 5

Departing Founders Campus at 11:30 am and the Woods Apartment Building at 11:35 am

This month, all ladies are invited for lunch at the Olive Garden! The menu includes their famous house salad, choice of homemade soup, breadsticks, and non-alcohol beverage. Beer/wine available for purchase.

Cost \$17. Register on CATIE or with Jeanne.



Mahjong Instruction

THURSDAYS, OCTOBER 5 & 19, NOVEMBER 2 & 16
2:00 pm • Gathering Place

This challenging tile-based strategy game combines skill with luck. Step-by-step instruction will be provided by teachers Hatsy Droke and Fran Hirschman. All participants will receive their own official National Mahjong League card, which lists this year's playing hands and rules of the game. Assistance will be provided for participants to purchase their own set of Mahjong Tiles. Maximum 4 participants.

Cost is \$15 for National Mahjong League Card. Register on CATIE or with Jeanne.

Poetry Group #2

TUESDAY, OCTOBER 10
10:00 am • Gathering Place

If you like to read poetry, you already have a poet's heart! Plan to attend this meeting to discuss the formation of a new poetry group to explore poetry through reading, writing, and sharing. New and experienced poets welcome. Bring a favorite poem to share and read aloud.

Registration is not necessary. Contact Susan Newell at snewell@prodigy.net or 717-568-2817 with any questions.



Photo credit: Blaine Shahan, LNP

Education Program – Nancy Groff, Author and Speaker

TUESDAY, OCTOBER 10
2:00 pm • Steinman Hall

The Education Committee is pleased to welcome Nancy Groff, great-granddaughter of Peter T. Watt, Watt and Shand co-founder. Nancy celebrates the store's history and legacy in her book, "Watt & Shand: East, West, Hame's Best." The original building was designed by C. Emlen Urban and is now the Marriott Hotel. The book will be available for purchase following the presentation.

Registration is not necessary.



Good Grub Supper Club – The Belvedere Inn

TUESDAY, OCTOBER 10
Departing the Woods Apartment Building at 4:30 pm

The Good Grub Supper Club is a NEW opportunity for residents who enjoy fine dining, without the driving. The inaugural restaurant is The Belvedere Inn; participants may order from the entire menu. Cost is \$3.00 for the shuttle; meal is on your own. Registration is necessary and limited to 10 guests.

Cost is \$3.00 for the shuttle, meal is on your own. Registration is necessary and limited to 10 guests. Register on CATIE or with Jeanne.



Herb and Garden Society

WEDNESDAY, OCTOBER 11
1:00 pm • Fireside Lounge

Join MMCs Herb and Garden Society to learn about the many ways to use pumpkins in cooking and crafts. We'll also discuss Ginger, the Herb of the Year, with its history and varied uses.

Registration is not necessary.



New Horizon's Jazz Band

THURSDAY, OCTOBER 12
2:00 pm • Steinman Hall

Back by popular demand, the Ringgold New Horizons Band is a senior adult band from Berks County. Come listen to some great music!

Registration not necessary.

Reed Family Bookshelf Dedication

SATURDAY, OCTOBER 14
11:00 am • Hall of Fame

We will honor the memory of Don and Pat Reed and dedicate the new Library Bookshelves in the Hall of Fame Room. The shelves, made possible by a memorial gift from the Reed family, were constructed from wood milled from trees on the Woodlands Campus, and constructed by members of our Woodshop.

Refreshments will be served. Registration not necessary.



9 to 5 – Monday Movie Matinee

MONDAY, OCTOBER 16
2:00 pm • Steinman Hall

This office satire is about three female secretaries (Jane Fonda, Lily Tomlin, and Dolly Parton) who decide to get revenge on their tyrannical, sexist boss by abducting him and running the business themselves.

Snacks and beverages will be sold by the Lamplighters Association (benefit Benevolent Care). Registration is not necessary.

Community Table

MONDAY, OCTOBER 16
5:00 pm • The Owl's Nest

Community Table provides an opportunity for single and solo diners to come together in a casual, social, vibrant, and enjoyable atmosphere at one of our dining venues. Seating will be determined by "pick a number" to mix things up!

Register by calling Joni at 717-626-3559 (Owl's Nest Number).



Martin Guitar and Morningstar Living Tour with Lunch

WEDNESDAY, OCTOBER 18
Departing the Woods at 9:10 am

This is the first of many opportunities to visit Morningstar Living. We'll begin our day with a tour of Martin Guitar Factory, including the Martin Museum and Pickin' Parlor. Following, we will enjoy lunch at Morningstar Village and a tour of their campuses. Cost is \$10 for transportation, tour and meal.

Registration is necessary and limited to 16 guests. Please note, additional visits to Morningstar Living will include either a tour of the Moravian Historical Society or the PA Longrifle Museum.

Featured Events and Excursions

Looking Ahead to 2024: Another Unprecedented Election? Contemporary Issues Program

FRIDAY, OCTOBER 20
2:00 pm on ZOOM

Presenter: Dr. Stephen Medvic, Director of the Center for Politics and Public Affairs, Franklin & Marshall College. The 2024 election promises to be highly unusual, if not unprecedented. This talk will preview the election and offer a framework for understanding the various ways it may play out. The ZOOM link will be emailed the morning of the presentation.



Allegro Orchestra Lancaster Shuttle – Halloween and the Legend of Sleepy Hollow

SATURDAY, OCTOBER 21
Departing Woods Apartment Building at 6:30 pm
This evening's repertoire includes Jim Stephenson "Legend of Sleepy Hollow" and Mozart Symphony No. 26 "Linz".

Residents are asked to pre-purchase their tickets. Shuttle cost is \$3.00. Register for the shuttle on CATIE or with Jeanne

Life Long Enrichment's Aging Well Series

TUESDAY, OCTOBER 24
10:00 am • Zinzendorf Room

The Aging Well sessions continue with a discussion on the Myths of Aging. We will explore "What are the misconceptions about aging?" "How do we continue to adapt to the changing circumstances?" And "What can we do to thrive?" Check out some suggestions and tips for enhancing your physical and emotional well-being.

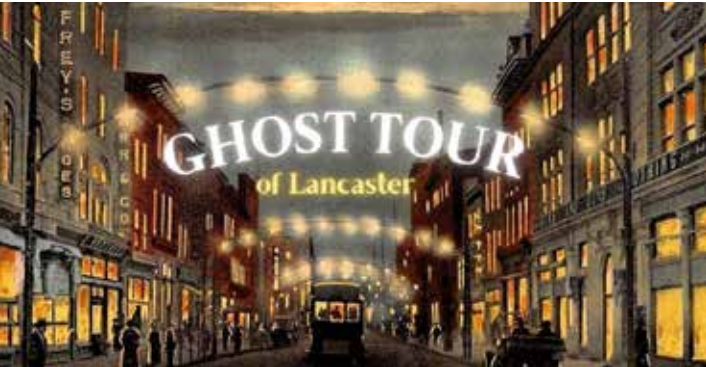
Registration not necessary.

ROMEO'S – Arooga's TUESDAY, OCTOBER 24

Departing Founders Campus at 11:30 am and
the Woods Apartment Building at 11:35 am

This month all men are invited for lunch at the Arooga's! Enjoy a burger, handheld, scratch made boli, and non-alcohol beverage. Beer and wine available for purchase. A surprise staff guest will join you!

Cost \$23 and includes transportation, meal, tax and gratuity. Register on CATIE or with Jeanne.



Lancaster Ghost Tour and Cocktails at The Exchange

WEDNESDAY, OCTOBER 25

Departing Founders Campus at 5:00 pm and
the Woods Apartment Building at 5:10 pm

Push aside the cobwebs of the old PA Dutch County on a candlelight tour of downtown Lancaster. Featuring 300 years of haunted history, long-forgotten mysteries and haunting tales of eternal vigils, fatal curses and star-crossed lovers. Following, we'll enjoy a cocktail at The Exchange, atop the Lancaster Marriott with panoramic scenery of the historic district.

Cost is \$23 and includes transportation and tour, drink at The Exchange is on your own. Register on CATIE or with Jeanne.

Penn Cinema Movie Matinee

THURSDAY, OCTOBER 26

Departing Founders Campus at 9:25 am and
Woods Apartment Building at 9:30 am

We take over Penn Cinema for our choice of two feature films.

See CATIE for film selection. Cost is \$7 per person. Register on CATIE or with Jeanne and indicate whether you need shuttle transportation.

Jesus Christ Superstar – Ephrata Playhouse in the Park

SATURDAY, OCTOBER 28

Departing the Woods at 1:00 pm

One of Andrew Lloyd Weber and Tim Rice's most iconic, beloved musicals, following the last seven days of Jesus Christ through the eyes of Judas Iscariot. Filled with 1970's rock, gospel, folk and funk themes, and truly embodies the term "rock opera."

Cost is \$48 and includes ticket and shuttle transportation. Register on CATIE or with Jeanne.



Lancaster Symphony Orchestra Shuttle – Extraordinary Duos

SATURDAY, OCTOBER 28

Departing Woods Apartment Building at 1:45 pm

This afternoon's repertoire includes Maurice Ravel 'Le Tombeau de Couperin', Antonio Vivaldi "Concerto for 2 Trumpets in C major", Viet Cuong Extra (ordinary) "Fancy for 2 Oboes", Johann Sebastian Bach "Concerto for 2 Violins in D minor, BWV 1043", Ernest Bloch "Concerto Grosso No.1"

Residents are asked to pre-purchase their tickets. Shuttle cost is \$3.00. Register for the shuttle on CATIE or with Jeanne

Coming Soon

ENGAGING
COMMUNITY
RECEPTION
NOVEMBER 1

VETERANS DAY
BREAKFAST
NOVEMBER 11

SOCK HOP
NOVEMBER 14

YULETIDE AT
WINTERTHUR
COACH BUS TRIP
NOVEMBER 27



Elite Coach and Moravian Manor Communities present:

Yuletide at Winterthur

MONDAY, NOVEMBER 27, 2023

Departs from the Woods Apartment
Building at 9:30 am.

Price per person: \$126.00

Includes Motor Coach Transportation,
Lunch at Buckley's Tavern Admission to
Winterthur, all taxes, and gratuities.

2023-2024 Season Theater & Symphony Door-to-door Shuttle Service

Fulton Theater, Lancaster Symphony &
Allegro Symphony



Enjoy the arts without the hassle of driving and parking! We request that residents purchase their own event tickets. There is a \$3/person transportation shuttle fee. Reservations required. Contact Jeanne to reserve your seat.

- **Fulton Theater:** 2nd Wednesday Matinee. Shuttle departs from Woods Apartment Building at 1:00 pm.
- **Lancaster Symphony:** Saturday Matinee. Shuttle departs from Woods Apartment Building at 1:30 pm.
- **Allegro Orchestra Lancaster:** Saturday performances. Shuttle departs from Woods Apartment Building at 3:00 pm or 6:30 pm depending on scheduled performance time.

Culinary Offerings

FOUNDERS CAMPUS

MC CLOUD CAMPUS CENTER

Gallery Café

Open for Breakfast & Lunch

Monday – Friday 7:30 am – 2:30 pm

Saturday & Sunday 11:00 am – 2:00 pm

Call Ahead To Go Orders: 717-625-6358

Garden Court Dining Room

Open for Dinner

Monday – Friday 4:30 pm last seating at 6:30 pm

Reservations and Call Ahead

To Go Orders: 717-625-7616

CONTACT THE DINING TEAM:

Bill Zimnoch 717-625-6118

Terry Wilson 717-625-6133

Bill Bundy 717-625-6117

WARWICK WOODLANDS CAMPUS

OAKS CAMPUS CENTER

The Owl's Nest Restaurant & Sippery

Open for Breakfast, Lunch & Dinner

717-626-3559

Monday – Friday 7:30 am – 8:00 pm

Saturday Closed

Sunday Closed

CONTACT THE DINING TEAM:

Joni Cromer 717-625-6775

Ed Koporowicz 717-625-6776

Fall/Winter Seasonal Menu Rolls-Out October 1



Here are some of the new dishes that will delight your palate and warm your soul.

- Lobster Macaroni and Cheese Eggroll
- Turkey Sliders
- Port Poached Pear Salad
- Butternut Squash Ravioli
- Grilled Chilean Swordfish
- Chicken Marsala

Art Gallery Exhibition

During the month of October, **JANET KLINE** will display her works of art in the McCloud Campus Center Art Gallery on the Founders Campus.



Janet is an abstract photographer and makes kaleidoscope photos with bright colors and different shapes. Every photo is different and packed with color and different patterns.

A Grand Opening Wine and Cheese Reception will be held in October.



Tech Survey

All residents will receive an Information Technology Survey in October from the Residents Association. The Association is examining how to offer IT support to residents and would like your assistance to determine what assistance is needed and how to best support those needs.

To accomplish that, the survey will cover these general topics:

- Your technology device(s)
- Applications/programs you use
- Your interest in various technology education
- Your likeliness to use various technology support

Local Elections Are Coming Up!

“All politics is local” is a phrase that we have heard for decades. What that means is that while much time, energy, money, and worry is dedicated to presidential elections, absolutely nothing more impacts our everyday lives than local election results.

November 7, 2023 is the date of the upcoming PA General Election. A General Election, unlike a Primary Election, means that everyone can vote ... there are no Democratic or Republican restricted ballots. There is no confusing cross-filing. Every candidate for every office has successfully gone through their party's Primary process and is clearly identified on the ballot by their party. You can vote for any of them.

You will no doubt hear comments along the lines of ‘off year elections aren’t very important’ This one is. In addition to various County and judicial races, there are two particular races that will directly affect us here at MMC. One is for an open seat on Lititz Borough Council and the other is to fill 7 open seats on the Warwick School District Board.

Not everyone realizes that we all pay property taxes here at MMC through our monthly fees. The Council and the School District are the bodies that determine those tax rates. The Council also is responsible for our

safety via police, fire and ambulances. They keep our streets paved, our water safe, our roads and sidewalks cleared of snow, etc. Schools, of course, educate our children, grandchildren and help us continue to be an attractive place to live.

Here are some important dates to keep in mind:

- **October 23** is the last day to register to vote in the upcoming election.
- **October 31** is the last day to request a mail-in ballot for the upcoming election.
- **November 7** is the final date, by 8pm that night, for mail-in ballots to be received and then counted.
- **November 7** is Election Day. Polls are open from 7am - 8pm. Our polling place is Buch Funeral Home, 216 S. Broad Street, Lititz.

We want to help you exercise your right to vote on November 7. If you have any questions, call Carol Simpson at 717-575-5308. If you need help registering or requesting a mail-in ballot, we will have some registrations open on October 4 at 9:00 am in the Gallery Café and at 12:00 pm in The Owl's Nest. If you need help filling out a mail-in ballot, please contact Carol Simpson at 717-575-5308. If you need a ride to our polling place, call Jennifer Shutt at 717-625-6106.

FALL 2023 SHARES

Organic Produce

Small/Medium/Large

Local & Regional Fruit

Milk Yogurt Eggs

Omnivore & Vegan Shares

Meat, Chicken, Bi-weekly Cheese, & More

Sign Up and Support Sustainable Local Agriculture

Email: Csa@lancasterfarmfresh.com

Call: 717-656-3533 ext. 2

COMMUNITY SUPPORTED AGRICULTURE

PICK-UP LOCATIONS:

MMC is a site host for share pick-up!

NEW TO LFFC CSA?

- 1] Register for an Account
- 2] Pick Your Shares
- 3] Choose Your Pickup Site
- 4] Checkout

Scan to sign up!

Corn Day on Barn Owl Road

If you happened to be walking along Barn Owl Road mid-morning on Thursday, August 10, you may have noticed a circle of people sitting in a garage stooped over cardboard boxes shucking corn. An unusual scene on the Woodlands campus! According to Janet Weber, it was Corn Day on Barn Owl Road!

Six couples (Janet & John Weber, Jeanette & Herman Bontrager, Susan & Randy Bricker, Gayle & Gary Ray, Sue & Carl Rentschler and Ethel & Jerry Shank) gathered in the Webers' garage, most of them sitting in folding chairs husking the corn. Some individuals were blanching their corn in one of the two huge pots of boiling water on the propane burner. Visiting while they worked, the neighbors had a fun, productive time building community.



*Janet Weber and Gayle Ray
hard at work on Corn Day
Photo: Jerry Shank*

The corn is from Reiff's Market on Rothsville Road near Ephrata. Janet picked it up and by 8:30 am, the production was going full blast. By about 10 am, much of the corn had already been blanched and both men and women were filling containers in which to take home their produce. The frolic ended with a

pizza lunch, salad, drinks and, for the first time this year, Poke Cake as dessert.

In the fall, the Webers host a similar event, where the same group processes apples together. Their Applesauce Day will be held on October 12. If you show up to take a look, their enthusiasm might rub off on you to start your own food processing party!



*Meanwhile out in the bocce court, players are busy
trying to determine who won the round!
Photo: Dori Smith*



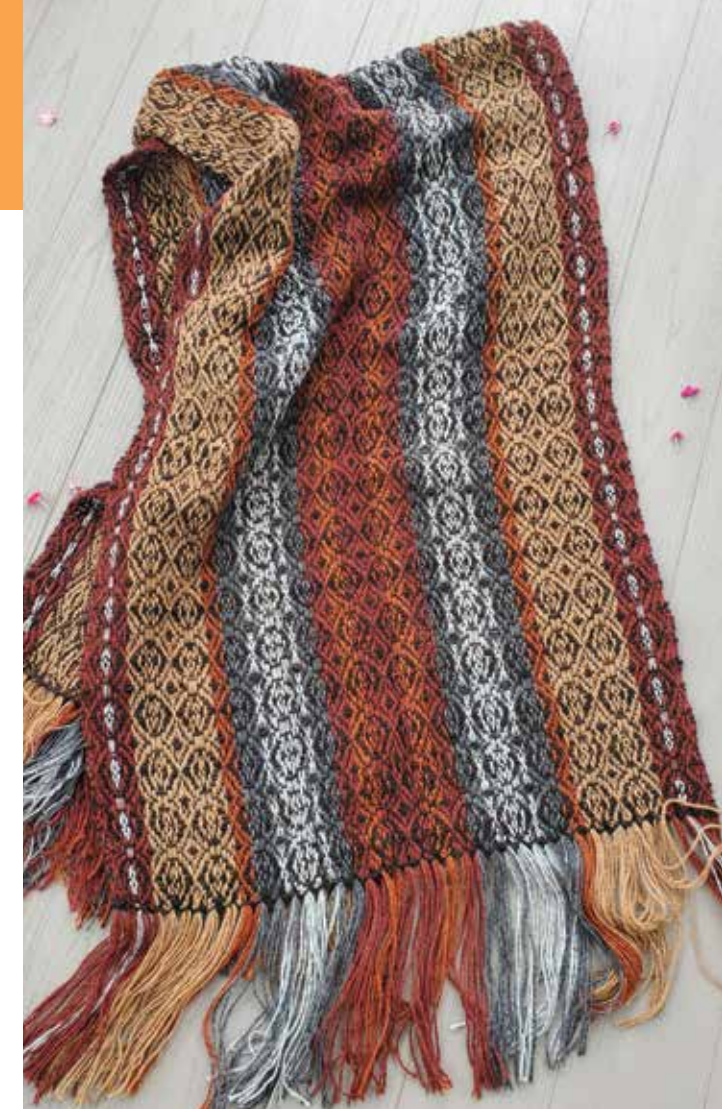
*Floating with the wind, these hot air balloon
riders got a great birds-eye view of our
Woodlands Campus, and then liked it so
much, they landed in our parking lot!
Photo: Dori Smith*

Sheep to Shawl Team Practices for Competition

The "Mutton But Trouble" sheep to shawl team recently held a practice session on the Warwick Woodlands Campus ... rehearsal for a September competition in Bloomsburg. MMC resident team members Donna Walton-Gibbs and Bonnie Drescher, along with fellow weavers and spinners, had a wonderful time practicing under the pavilion. What made it so delightful and rewarding was the many folks from our community who came to visit and ask wonderful questions. The team members include:

- **Weaver:** Bonnie Drescher
- **Carder:** Dani Snyder (she prepares the fleece for the spinners)
- **Spinners:** Jen Maurer & Donna Walton-Gibbs Plyer; and Jill Wilson (who takes the strands that the spinners created and twists them using the spinning wheel to make a two-ply balanced yarn)

During their practice, the team succeeded and were able to finish close to the required time. Check out the beautiful craftsmanship in their finished shawl!



DVS Back-to-School Program a Success!

Residents from MMC and Saxony Ridge participated in teams to gather backpacks, lunch bags, and gift cards for families supported by the Domestic Violence Services (DSV). In all, 76 resident households supported 18 families with 38 children.

*Crystal Morales from DVS
with donated goods.*





CELEBRATING BIRTHDAYS THIS MONTH:

OCTOBER

- 1 Meg Brubaker
- Marsha Campbell
- Carol Simpson
- 3 John Weidman
- 4 Ruth Coakley
- Barbara Will
- 5 Rich Barbour
- 7 Annette Bodwell
- Ted Simpson
- 8 Mary Ellen Kopetz
- Donna Wetzel
- 9 Tom Bochenko
- Dianne Zimmerman
- 10 Marcia Holder
- Virginia Lesso
- 11 Anne Grosh
- Kristin Marshall
- Mary Peterson
- 13 Jan Criswell
- 14 Dick Bell
- Hank Walker
- 15 Augie Berhaupt
- Nancy Freeman
- 16 Stu Degler
- 18 Jane Cowden
- Amy Freeman
- 19 Dottie Miles
- 22 Bob Criswell
- Joanne Griffiths
- Mary Ann Warnick
- 23 Lonnie Leaman
- Susan Reber
- 24 Peggy Bender
- Susan Blessing
- Kathy Lindman
- 25 Dianne Urban
- 27 Jerry Meck
- Phyllis Stuckey
- 30 Carol Minnich
- 31 Diane Kicey

PURSUIITS AT MMC!

THE ARTS

Embroidering, Knitting & Gabbing
Ukulele Group
Painting
Pins and Needles
Quilters & Sewers
SAGES – Orchestra & Music Groups
Silver Tenders Model Railroad
Wood Carving
Woodshop

CULINARY

Beer Bunch
Dining Round the World
Herbal Society

COMMITTEES

Art
Community Life
Culinary Council
Lamplighter's Auxiliary
Library
Resident Council
Social

FITNESS & WELLNESS

Bike Riding Club
Chair Yoga
Country Line Dancing
Exercise with Steve
Golf Group
LGH Lab Service
Meditation
Pickle Ball
Qi Gong
Tai Chi



GAMES

Bridge, Duplicate
Bridge, Non-Duplicate
BUNCO
Corn Hole
Hand, Knee & Foot Card Game
Hand and Foot Card Game
Ladies Right on Cue
Mahjong
Manipulation Card Game
Men's Poker
Men's Pool
Pinochle

MIND

Book Clubs
Life Writing Group

OUTDOORS

Bocce
Corn Hole
Gardening Club
Putting Green
Shuffleboard

SOCIAL

2nd Sunday Social
4th Saturday Social
Happy Hour
Movies
Musical Entertainment
Singles & Solos Community Dining

SPIRITUAL

Catholic Mass
Episcopalian Service
Ladies Bible Study
Men's Bible Study & Breakfast
Weekly Vespers

TRIPS

Coach Bus Day Trips
Local Arts
Local Cultural

COMMITTEE MEETINGS

Day	Time	Committee	Location
1st Thursday, Oct. 5	10:00 am	Resident Council	ZOOM
2nd Tuesday, Oct. 10	9:30 am	Culinary Council	Fire Side Lounge
2nd Thursday, Oct. 12	10:00 am	Lamplighter's	Hall of Fame
3rd Thursday, Oct. 19	10:00 am	Art Committee	Fire Side Lounge
3rd Friday, Oct. 20	1:00 pm	Library Committee	Library
3rd Friday, Oct. 20	9:00 am	Social Committee	The Owl's Nest
4th Monday, Oct. 23	9:00 am	Community Life Committee	Hall of Fame