# Pursue Independence with Supportive Living

The Baer Center for Assisted Living

Assisted Living. This friendly neighborhood, located on our Founders Campus, offers support and opportunities to maximize residents' independence.

With five levels of care available, you or a loved one can age in place here more comfortably, for a longer period of



time. The Baer Center team includes Certified Nursing Assistants (CNA) who are available to assist residents with bathing, dressing, transportation to and from meals and activities on campus as well as other wellness needs as requested. Having CNAs are unique to the assisted living setting; most communities have non-certified staff in assisted living. Another unique aspect of the program is that nurses in the Baer Center are on duty 24-hours a day, allowing residents to receive clinical oversight and assistance.

#### **Benefits of Assisted Living**

- Personal care and assistance with activities of daily living
- Care services can adapt to changing needs (in-home care is available)
- A home-like environment providing safety and security
- Active engagement in numerous social programs and activities
- Response staff available 24/7 to meet needs
- Less expensive approach to skilled nursing care

#### **Suites & Room Features**

- Private rooms with refrigerator/ microwave
- Private suites with a bedroom, living room and kitchenette with a breakfast bar and walk-in closet
- Carpeted living areas
- Safety-equipped bathroom with zero-entry walk-in tiled European shower
- Individually controlled heating and air-conditioning
- 24-hour security / emergency call system



#### Neighborhood Areas

- Community living room with activity kitchen
- Gathering spaces with fireplaces
- Outdoor courtyards and front porch
- Personalized door-to-door mail delivery and daily door-to-door newspaper delivery
- Access to physical, occupational, and speech therapy services
- Laundry room on each floor for residents who desire to do their own laundry
- Priority access to Moravian Manor Communities' Health Center

#### Social, Educational and Cultural Programs & Activities

Our activity coordinator enjoys planning group activities and events to support an active community life, including arts and crafts, exercise classes, cooking and gardening, music appreciation, pet visits, shopping trips and lunch outings, holiday parties, musical entertainment, wine and cheese, etc.

#### **Culinary Options**

Dining is available in the Maple View Dining Room or Gallery Café. With Sodexo's Inspired Dining's "Mindful" approach, you will experience and savor fulfilling choices, satisfying flavors, full plates, and healthy indulgences. Menus offer daily choices, and are updated based on resident feedback. Take-out meals also are available.

#### Services\*

- Local scheduled transportation
- Social services for continuity of care
- Housekeeping
- Fresh towels daily
- Medical transport\*
- Styling salon/barber\*
- Maintenance\*
- Personal laundry and dry cleaning\*
- Technology support\*
- All utilities, cable, telephone, and Wi-Fi included

\*additional charges apply, please reference the Baer Center schedule of charges

# Frequently Asked Questions

The Baer Center for Assisted Living

## Does Moravian Manor Communities offer assisted living and personal care?

Yes, Moravian Manor Communities offers assisted living in the Baer Center and in Manor East's Herrnhut Community, we offer personal care, with services and support for those with memory impairment.

#### What is the difference between Assisted Living and Personal Care?

Until a few years ago, in the state of PA, assisted living and personal care were essentially the same thing. Seniors and families looking for "assisted living" sought assistance with personal care as well as meals, housekeeping and transportation. However, these communities were licensed by the state of Pennsylvania as Personal Care Homes. Under a Personal Care license, care is limited to general health maintenance and assistance with personal care. When an individual required a level of care beyond that, they would transition to skilled nursing, where the cost could exceed 2-3 times more than in personal care.

To bridge the gap between personal care and skilled nursing, Pennsylvania Department of Long-Term Living introduced a license for Assisted Living Residences in 2011. While assisted living provides similar care to personal care, assisted living also has the capability to provide acute medical care. This helps lower the cost of care for residents needing advanced care, but not yet skilled nursing care.

#### How do you determine the resident's level of care?

Prior to moving in, our care team assesses current health and reviews medical history to see how they can best meet the resident's needs. They also review preferences as well as normal routines to custom tailor a care plan, which can be updated to meet any evolving needs.

#### What furniture is provided? May I bring my own furniture?

Rooms are furnished with a bed, bedside table, dresser and chair. A microwave and apartment size refrigerator are also provided. You may substitute any of the provided furniture with your own. We encourage you to design your room or suite with pictures and other mementos as desired so you'll be comfortable and at home.

#### May I have guests?

Family and friends are always welcome at the Baer Center, to join you for a meal or visit in your room, lounges or outdoor campus areas. We also welcome pets for visits.

#### May I use my own doctor?

We believe in your right to choose. Residents can keep their current physicians or our team can help them find a local physician. We also can provide transportation for local doctor appointment, for an additional fee. There are attending physicians on staff for residents to choose from as well.

#### Can you accommodate my loved one for a short-term stay?

Yes, Moravian Manor Communities can accommodate short-term or respite stays. This can be a convenient option for family caregivers for both planned or unforeseen situations such as an extended business travel or family vacations to allow them time to attend to their own health needs. It also can be a wonderful opportunity to experience life at Moravian Manor Communities.

#### May I bring my pet?

We believe that pets help us live "in the moment" and have the innate ability to enrich our lives physically and emotionally. If you would like to bring your pet, you must receive prior approval from the Assisted Living Administrator and the President/CEO. Visiting pets must follow our visitation guidelines. Please check with the Administrator for a copy of our current pet policy and pet visitation guidelines.

### Does Moravian Manor Communities provide transportation services?

We provide transportation for medical and non-medical services for a fee. Courtesy transportation is offered throughout our community (between campuses).

#### Is there an orientation when I move in?

We understand that moving to a new home can be stressful and are available to help you make this transition smoothly. Our team is available to answer any questions, help you settle in and get to know the community and other residents. In addition, all new residents are paired with a current resident to escort them through their first day and provide orientation to the daily routine.

### Once I am a resident, how will my voice be heard at Moravian Manor Communities?

At Moravian Manor Communities, you have many ways to ensure your voice and suggestions are heard through a resident council that meets monthly.

#### What happens if I need additional assistance in the future?

One of the benefits of living in a Life Plan Community is that all levels of care are offered. Residents take comfort in knowing they have priority access to nursing care in our Health Center. Home Care services are available through our collaborative effort, Your Neighborhood Connection, as well as hospice services.

#### Does Medicare cover any of the cost for assisted living?

No, there is no state assistance in assisted living or personal care at Moravian Manor Communities; all services are private pay by the resident. Medicare frequently covers skilled care or rehabilitation after certain criteria have been met. Contact the Social Security Administration at **800-772-1213** for more information.

### If my funds deplete through no fault of my own, will I be asked to leave Moravian Manor Communities?

Moravian Manor Communities' mission is to provide quality care for residents for the duration of their lives. Because of our commitment to this mission and to our benevolent fund, there are financial covenants that are mutually agreed upon by the resident and Moravian Manor Communities prior to taking residency. Should a resident exhaust their funds, through no fault of their own, their care could be subsidized through the Moravian Manor Communities Benevolent Fund. The representative in Admissions will be happy to further discuss your individual information.

#### How can I arrange a visit?

To meet with our admissions counselor for a personal visit and tour, please email admissions@moravianmanor.org or call 717-626-0214.

# Steps to Residency

The Baer Center for Assisted Living

We understand making a move to the Baer Center for Assisted Living at Moravian Manor Communities can be a challenging time. Our goal is to make the transition as easy as possible for everyone involved.

- Complete a residency application. Using this application, we will review the
  provided information to determine if you meet the financial requirements and
  the availability of the accommodation you requested. You will be notified if
  your application has been approved.
- 2. Schedule a tour if not previously done.
- **3.** Schedule an appointment with your personal physician to complete the provided Medical Evaluation Form.
- **4.** Schedule a date to sign the Residency Agreement and develop the initial Assessment/support plan in collaboration with the Administrator.
- 5. Now that you've decided to move into Moravian Manor Communities, a move-in date will be established and communicated with you.
- **6.** Settle in! Our Assisted Living team will be available to help you get to know the community, meet other residents and answer any questions that may arise.



