

PURSUIT

PURSUE THINGS TO DO, LEARN AND SHARE AT MMC EVERY DAY!

OCTOBER 2025



Join us
PEARL BUCK
HOUSE TOUR... PAGE 8

PURSUE

things to do, learn
& share at MMC!

CALENDAR KEY		
Creative Arts	Life Long Learning	Spiritual
Dining	Music & The Arts	Wellness
Games	Social	
Featured Events & Excursions – pages 5-9		

LOCATION KEY	
CP = Corner Pocket	SH = Steinman Hall
CR = Conference Room	SFS = Smart Fit Studio
FSL = Fire Side Lounge	TON = The Owl's Nest
GC = Gallery Café	WG = Woods Garage
GP = Gathering Place	WP = Woodlands Pavilion
HOF = Hall of Fame	ZR = Zinzendorf Room
LRC = Lititz recCenter	

COMMUNITY LIFE CONTACTS
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WEDNESDAY, OCTOBER 1	
7:30 am	Men's Bible Study and Breakfast (FSL)
9:00 am	Coffee Club (GC)
9:30 am	Rummikub (FSL)
9:30 am	Ladies Bible Study (FSL)
10:00 am	Exercise with Steve (ZOOM)
10:30 am	Mid-Week Worship (SH)
10:30 am	Willy Wonka Day (GC)
12:00 pm	Beginners Exercise with Steve (ZOOM)
12:00 pm	Low Vision Support Group (TON)
12:45 pm	Poker (CP)
1:00 pm	Bocce (Founders Bocce Court)
1:00 pm	EKG Group (FSL)
4:00 pm	Qi Gong & Tai Chi (SFS)

THURSDAY, OCTOBER 2	
9:00 am	Chair Yoga (ZOOM)
9:30 am	Corn Hole (WG)
10:30 am	Ukulele Group (HOF)
1:00 pm	Wood Carving (GP)
2:00 pm	Pinochle (FSL)
2:00 pm	"Lit Wits" Book Club (HOF)
4:15 pm	Meditation with Mark (ZOOM)

FRIDAY, OCTOBER 3	
10:00 am	Exercise with Steve (ZOOM)
1:00 pm	Hand, Knee and Foot Card Game (FSL)
1:00 pm	SAGES: Jazz Band/Music Groups Rehearsal (SH)
4:01 pm	The 401 Club, Happy Hour Group (HOF)
4:30 pm	Fred Swarr – Famous Visionary Artists Opening Reception, The Ware Center
5:00 pm	Men's Pool (HOF)

SATURDAY, OCTOBER 4	
9:30 am	Bocce (Founders Bocce Court)
9:30 am	Chair Yoga (ZOOM)
1:00 pm	Lancaster Symphony Orchestra Shuttle - Pictures at an Exhibition
2:00 pm	Allegro Orchestra Shuttle - Music in the Round, Brass and Organ

SUNDAY, OCTOBER 5	
2:00 pm	Vespers Service (SH)
5:30 pm	Manipulation Card Game (GP)

MONDAY, OCTOBER 6	
9:00 am	Prayer Circle (SAAL)
11:00 am	Exercise with Steve (ZOOM)
1:00 pm	Ladies Bible Study (HOF)
1:00 pm	Comedy Club (GP)
2:00 pm	Hand and Foot Card Game (FSL)
2:30pm	Jeff Krick Jr., Elvis Tribute Artist (SH)
4:00 pm	Qi Gong & Tai Chi (SFS)

TUESDAY, OCTOBER 7	
9:00 am	Backgammon and Open Games (FSL)
9:30 am	Chair Yoga (ZOOM)
10:00am	Wellness Services (BAER CTR, by appt only)
1:00 pm	Non-Duplicate Bridge (FSL)
1:00 pm	BUNCO (HOF)
1:30 pm	MMC Chorus (SH)
4:15 pm	Meditation with Mark (ZOOM)
4:30 pm	Table for 10 - Josephine's Downtown

WEDNESDAY, OCTOBER 8	
7:30 am	Men's Bible Study and Breakfast (FSL)
9:00 am	Coffee Club (GC)
9:30 am	Ladies Bible Study (FSL)
10:00 am	Exercise with Steve (ZOOM)
10:30 am	Mid-Week Worship (SH)
12:45 pm	Poker (CP)
1:00 pm	Bocce (Founders Bocce Court)
2:00 pm	Book Club Gathering (SH)
3:30 pm	Book Mobile (WOODS APT)
4:00 pm	Qi Gong & Tai Chi (SFS)

THURSDAY, OCTOBER 9	
9:00 am	Chair Yoga (ZOOM)
9:30 am	Corn Hole (Woods Garage)
9:30 am	Silver Tenders Train Group (GCDR)
10:00am	Wellness Services (BAER CTR, by appt only)
10:30 am	Ukulele Group (HOF)
1:00 pm	Wood Carving (GP)
2:00 pm	Pinochle (FSL)
2:00 pm	Life Writing Group (SH)
2:00 pm	The New Horizon's Jazz Band - Music Entertainment (SH)
4:15 pm	Meditation with Mark (ZOOM)

FRIDAY, OCTOBER 10	
8:30 am	Flu, COVID, and RSV Vaccine Clinic (ZR)
9:30 am	Pins and Needles (GP)
10:00 am	Exercise with Steve (ZOOM)
1:00 pm	SAGES: Jazz Band/Music Groups Rehearsal (SH)
1:00 pm	Duplicate Bridge (FSL)
4:01 pm	The 401 Club, Happy Hour Group (HOF)
5:00 pm	Men's Pool (HOF)

SATURDAY, OCTOBER 11	
9:30 am	Bocce (Founders Bocce Court)
9:30 am	Chair Yoga (ZOOM)

SUNDAY, OCTOBER 12	
2:00 pm	Vespers Service (SH)
5:30 pm	Manipulation Card Game (GP)

MONDAY, OCTOBER 13	
9:00 am	Prayer Circle (SAAL)
11:00 am	Exercise with Steve (ZOOM)
1:00 pm	Ladies Bible Study (HOF)
2:00 pm	Hand and Foot Card Game (FSL)
4:00 pm	Qi Gong & Tai Chi (SFS)

TUESDAY, OCTOBER 14	
8:00 am	LGH Lab Service (GP)
9:00 am	Backgammon and Open Games (FSL)
9:15 am	Exploration Walk with the Lancaster County Conservancy – Fall Foliage at Welsh Mountain
9:30 am	Chair Yoga (ZOOM)
10:00am	Wellness Services (BAER CTR, by appt only)
10:00 am	Poetry Group (HOF)
1:00 pm	Caregiving for a Loved One with Dementia - a Message of "Hope" (SH)
1:30 pm	Mahjong (GP)
1:30 pm	MMC Chorus (SH)
4:15 pm	Meditation with Mark (ZOOM)

WEDNESDAY, OCTOBER 15	
7:30 am	Men's Bible Study and Breakfast (FSL)
9:00 am	Coffee Club (GC)
9:30 am	Ladies Bible Study (FSL)
10:00 am	Exercise with Steve (ZOOM)
10:30 am	Mid-Week Worship (SH)
12:45 pm	Poker (CP)
1:00 pm	EKG Group (FSL)
1:00 pm	Bocce (Founders Bocce Court)
1:00 pm	Fulton Theater – Jekyll & Hide
2:00 pm	Digital Literacy with Justine – Avoiding Scams Online: Staying Safe in a Digital World
3:30 pm	Clio's Book Club (HOF)
4:00 pm	Qi Gong & Tai Chi (SFS)
4:30 pm	Table for 10 - Josephine's Downtown

THURSDAY, OCTOBER 16	
8:00 am	The Breakfast Book Club (TON)
9:00 am	Chair Yoga (ZOOM)
9:30 am	Corn Hole (Woods Garage)
10:00am	Wellness Services (BAER CTR, by appt only)
10:15 am	Pearl Buck House Tour with Lunch at Plumsteadville Inn
10:30 am	Ukulele Group (HOF)
1:00 pm	Wood Carving (GP)
1:00 pm	The Bookies
2:00 pm	Pinochle (FSL)
4:15 pm	Meditation with Mark (ZOOM)

■ FRIDAY, OCTOBER 17	
10:00 am	Exercise with Steve (ZOOM)
11:00 am	Beer Bunch Lunch - Victory Brewing Company, Parksburg
1:00 pm	BUNCO (FSL)
1:00 pm	SAGES: Jazz Band/Music Groups Rehearsal (SH)
4:01 pm	The 401 Club, Happy Hour Group (HOF)
5:00 pm	Men's Pool (HOF)
■ SATURDAY, OCTOBER 18	
9:30 am	Bocce (Founders Bocce Court)
9:30 am	Chair Yoga (ZOOM)
■ SUNDAY, OCTOBER 19	
2:00 pm	Vespers Service (SH)
5:30 pm	Manipulation Card Game (GP)
■ MONDAY, OCTOBER 20	
9:00 am	Prayer Circle (SAAL)
11:00 am	Exercise with Steve (ZOOM)
12:30 pm	Movie Matinee and Lunch - "The Man Who Knew Too Much" (SH)
1:00 pm	Ladies Bible Study (HOF)
2:00 pm	Hand and Foot Card Game (FSL)
4:00 pm	Qi Gong & Tai Chi (SFS)
■ TUESDAY, OCTOBER 21	
9:00 am	Backgammon and Open Games (FSL)
9:30 am	Chair Yoga (ZOOM)
10:00am	Wellness Services (BAER CTR, by appt only)
10:00 am	Hiking with Jennifer - Susquehannok State Park with lunch at Rawlinsville Brickhouse
10:30 am	Catholic Mass (SH)
1:00 pm	Non-Duplicate Bridge (FSL)
1:00 pm	"Book Buddies" Book Club (HOF)
1:30 pm	MMC Chorus (SH)
4:15 pm	Meditation with Mark (ZOOM)

■ WEDNESDAY, OCTOBER 22	
7:30 am	Men's Bible Study and Breakfast (FSL)
9:00 am	Coffee Club (GC)
9:15 am	Tour and Visit - The Clinic for Special Children
9:30 am	Ladies Bible Study (FSL)
10:00 am	Exercise with Steve (ZOOM)
10:30 am	Mid-Week Worship (SH)
12:45 pm	Poker (CP)
1:00 pm	Bocce (Founders Bocce Court)
1:00 pm	Poetry Group (HOF)
2:00 pm	Travelog and Wine and Cheese Reception - Grizzly Bears and the Canadian Rockies with Bob Wyble
4:00 pm	Qi Gong & Tai Chi (SFS)
■ THURSDAY, OCTOBER 23	
8:15 am	Elite Coach Trip - Jim Thorpe
9:00 am	Chair Yoga (ZOOM)
9:00 am	MMC Quilters and Sewers Comforter Workday
9:30 am	Corn Hole (Woods Garage)
10:00am	Wellness Services (BAER CTR, by appt only)
10:30 am	Ukulele Group (HOF)
11:00 am	"The Gathering Book Club" (GP)
1:00 pm	Quilters and Sewers (FSL)
1:00 pm	Wood Carving (GP)
1:30 pm	Mahjong (GP)
2:00 pm	Pinochle (FSL)
2:00 pm	Pat Kocen - Guitar and Vocals - Music Entertainment (SH)
4:15 pm	Meditation with Mark (ZOOM)
4:30 pm	Table for 10 - Josephine's Downtown
■ FRIDAY, OCTOBER 24	
9:30 am	Pins and Needles (GP)
10:00 am	Exercise with Steve (ZOOM)
1:00 pm	Duplicate Bridge (FSL)
1:00 pm	SAGES: Jazz Band/Music Groups Rehearsal (SH)
4:01 pm	The 401 Club, Happy Hour Group (HOF)
5:00 pm	Men's Pool (HOF)
■ SATURDAY, OCTOBER 25	
9:30 am	Bocce (Founders Bocce Court)
9:30 am	Chair Yoga (ZOOM)
■ SUNDAY, OCTOBER 26	
2:00 pm	Vespers Service (SH)
5:30 pm	Manipulation Card Game (GP)

■ MONDAY, OCTOBER 27	
9:00 am	Prayer Circle (SAAL)
11:00 am	Exercise with Steve (ZOOM)
1:00 pm	Ladies Bible Study (HOF)
2:00 pm	Hand and Foot Card Game (FSL)
2:30 pm	The Rise and Fall of the PA Railroad, with Jim Bennett - Education Program (SH)
4:00 pm	Qi Gong & Tai Chi (SFS)
■ TUESDAY, OCTOBER 28	
8:00 am	LGH Lab Service (GP)
9:00 am	Backgammon and Open Games (FSL)
9:30 am	Chair Yoga (ZOOM)
10:00am	Wellness Services (BAER CTR, by appt only)
1:30 p.m.	Mahjong (GP)
1:30 pm	"Book Club Trois" (various locations)
3:30 pm	"Woodie Bookies" Book Club (HOF)
9:00 am	Backgammon and Open Games (FSL)
4:15 pm	Meditation with Mark (ZOOM)
4:30 pm	Table for 10 - Josephine's Downtown
■ WEDNESDAY, OCTOBER 29	
7:30 am	Men's Bible Study and Breakfast (FSL)
9:00 am	Coffee Club (GC)
9:30 am	Ladies Bible Study (FSL)
10:00 am	Exercise with Steve (ZOOM)
10:30 am	Mid-Week Worship (SH)
12:45 pm	Poker (CP)
1:00 pm	Bocce (Founders Bocce Court)
1:00 pm	Poetry Group (HOF)
4:00 pm	Qi Gong & Tai Chi (SFS)
■ THURSDAY, OCTOBER 30	
9:00 am	Chair Yoga (ZOOM)
9:15 am	Bus Trip - Wolf Sanctuary of PA
9:30 am	Corn Hole (Woods Garage)
10:00am	Wellness Services (BAER CTR, by appt only)
10:30 am	Ukulele Group (HOF)
11:00 am	"The Gathering Book Club" (GP)
1:00 pm	Quilters and Sewers (FSL)
1:00 pm	Wood Carving (GP)
1:30 pm	Mahjong (GP)
2:00 pm	Pinochle (FSL)
4:15 pm	Meditation with Mark (ZOOM)
■ FRIDAY, OCTOBER 31	
10:00 am	Exercise with Steve (ZOOM)
1:00 pm	SAGES: Jazz Band/Music Groups Rehearsal (SH)
4:01 pm	The 401 Club, Happy Hour Group (HOF)
5:00 pm	Men's Pool (HOF)



■ **Willy Wonka Day**
WEDNESDAY, OCTOBER 1, 10:30 AM - 12:30 PM, GALLERY CAFE
Let's celebrate MMCs 50th Anniversary! Stop by for your FREE 50th Anniversary Chocolate Bar. There will be photo ops with Willy Wonka and his friendly Oompa Loompas. 20 Golden Tickets ... and 20 Prizes to be won! Light refreshments will be served. *Registration is not necessary. All are welcome.*



■ **Fred Swarr – Famous Visionary Artists Opening Reception, The Ware Center**
FRIDAY, OCTOBER 3, DEPARTING FROM THE WOODS LOBBY AT 4:30 PM
Throughout the years, Warwick Woodlands Campus resident Fred Swarr has taken on many subjects using his mixed media-media technique of painting, staining, and texturing over collage-printed images. In this exhibit, Fred brings 12 visionary artists to life. You are invited to the opening reception for this exhibition on display during the month of October in the Regitz Gallery at The Ware Center. *Cost is \$3 and includes transportation to and from the Opening Reception. Registration is necessary. Register with Michele. Please note, this activity is limited to 14 participants.*

Pictures at an Exhibition

■ Lancaster Symphony Orchestra Shuttle – Pictures at an Exhibition

SATURDAY, OCTOBER 4, DEPARTING FROM THE WOODS LOBBY AT 1:00 PM.

Carlos Simon's The Block, Hindemith's Mathis der Maler, and Mussorgsky's iconic Pictures at an Exhibition (orchestrated by Ravel) come together in a visually inspired program that celebrates the connection between visual and musical arts.

Cost is \$3 and includes transportation to and from the concert. Participants are required to pre-purchase their admission ticket.

Registration is necessary. Register with Michele.

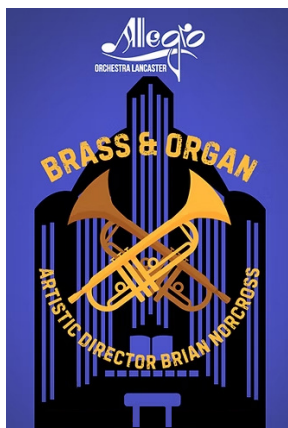
■ Allegro Orchestra Shuttle – Music in the Round, Brass and Organ

SATURDAY, OCTOBER 4, DEPARTING FROM THE WOODS LOBBY AT 2:00 PM.

Artistic director Brian Norcross is pleased to present Giovanni Gabrieli's Canzana, Carlyle Sharpe's Confitemini Domino, Zequinha de Abreu's Tico Tico, Scott Hiltzik's Spirals, Charles-Marie Widor's Toccata from Symphony No. 5, and more.

Cost is \$3 and includes transportation to and from the concert. Participants are required to pre-purchase their admission ticket.

Registration is necessary. Register with Michele.



■ Jeff Krick Jr., Elvis Tribute Artist

MONDAY, OCTOBER 6, 2:30 PM, STEINMAN HALL

Join us for an unforgettable performance by Jeff Krick, Jr., one of the top Elvis tribute artists in the country! With his striking resemblance, powerful vocals, and dynamic stage presence, Jeff brings the King of Rock 'n' Roll back to life. Enjoy all our favorite Elvis hits in a high-energy, crowd-pleasing show that captures the spirit and style of Elvis Presley himself.

Registration is not necessary. All are welcome.



■ Table for 10 – Josephine's Downtown

OCTOBER 7, 15, 23, AND 28, DEPARTING FROM THE WOODS LOBBY AT 4:30 PM.

Enjoy fine dining and small group conversation, without the driving! This month we head to Josephine's Downtown, where dining is more than a meal, it is a sensory experience.

Cost is \$3 and includes transportation. Meal cost is on your own.

Registration is necessary. Register with Michele.

■ Book Club Gathering

WEDNESDAY, OCTOBER 8, 2:00 PM, STEINMAN HALL

All book lovers are invited to learn about the existing MMC Book Clubs and what they have been reading. Interested in getting involved in a new Book Club? Information and sign-ups will be provided. Plan to attend and enjoy an English Tea with a variety of tea sandwiches, desserts, and tea. This gathering is open to all residents and will be a fun and informative afternoon.

Cost is \$11 and includes the English Tea.

Registration is necessary. Register with Michele.



■ The New Horizon's Jazz Band – Music Entertainment

THURSDAY, OCTOBER 9, 2:00 PM, STEINMAN HALL

Back by popular demand, The Ringgold New Horizon's Jazz Band is a senior adult band from Berks County. The band, established in the fall of 2012, celebrates and shares the joy and proven health benefits of recreational music making. Come listen to some great music.

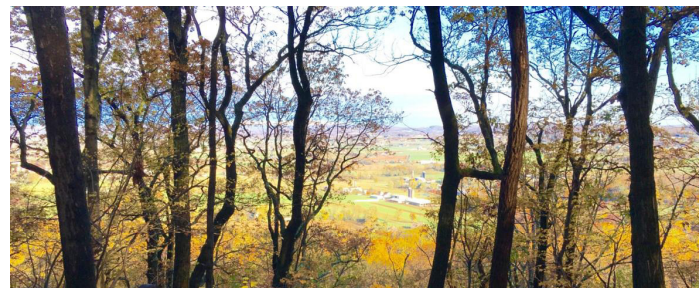
Registration is not necessary. All are welcome.

■ Flu, COVID, and RSV Vaccine Clinic

FRIDAY, OCTOBER 10, BY APPOINTMENT, ZINZENDORF ROOM

Lititz Apothecary will hold a vaccine clinic for all residents beginning at 8:30 am in the Zinzendorf Room.

Residents must pre-register and select their appointment time.



■ Exploration Walk with the Lancaster County Conservancy – Fall Foliage at Welsh Mountain

TUESDAY, OCTOBER 14, DEPARTING FROM THE WOODS LOBBY AT 9:15 AM

Not only do we need to take time to smell the flowers, but we need to take time to look at the beauty of fall foliage. Welsh Mountain Naure Preserve is one of Lancaster County's few remaining natural areas. An area of wooded slopes and rock outcroppings, this land supports a diversity of plant and animal life. We will enjoy a guided walk with a member of the Lancaster Conservancy's team. Following our walk, we will stop for lunch at Gracie's on Main in Leola.

Cost is \$25 and includes guided walk and lunch.

Registration is necessary. Register with Michele.

■ Caregiving for a Loved One with Dementia – a Message of "Hope"

TUESDAY, OCTOBER 14, 1:00 PM, STEINMAN HALL

Melody Karick, Dementia Educator and Consultant with Forgeworks, will join us for a program with a positive mindset, A "dementia" diagnosis for a loved one though devastating, doesn't mean all hope, joy, and love are lost. You are not alone on this difficult journey; your compassion and dedication are a gift to your loved one. Though some days may seem overwhelming, remember that your love continues to create meaningful moments that make a powerful difference. Take time for yourself, rely on your support network, and find strength in knowing that you are doing your very best.

Registration is not necessary. All are welcome.



■ Fulton Theater – Jekyll & Hyde

WEDNESDAY, OCTOBER 15, SHUTTLE DEPARTS FROM THE WOODS LOBBY AT 1:00 PM.

The epic struggle between good and evil comes to life on stage in the musical phenomenon, Jekyll & Hyde. Based on the classic story by Robert Louis Stevenson and featuring a thrilling score of pop rock hits from multi-Grammy and Tony nominated Frank Wildhorn and double Oscar and Grammy winning Leslie Bricusse.

Shuttle is provided for season ticket holders. Residents are required to purchase their own season subscription.

Cost is \$3 and includes transportation.

Registration is necessary. Register with Michele.

■ Digital Literacy with Justine – Avoiding Scams Online: Staying Safe in a Digital World WEDNESDAY, OCTOBER 15, 2:00 PM STEINMAN HALL

Justine Prestifilippo, Digital Services and Outreach Librarian from the Lititz Public Library, joins us each month for a Digital Literacy program. Feel free to bring your devices for some hands-on assistance! *Registration is not necessary. All are welcome.*



■ Pearl Buck House Tour with Lunch at Plumsteadville Inn – MMC Bus Trip THURSDAY, OCTOBER 16, DEPARTING FROM THE WOODS LOBBY AT 10:15 AM.

Our day will begin with a lovely lunch at the Plumsteadville Inn, a historical treasure in Bucks County, which has been providing locals and visitors with delicious food and lodging since 1741. Lunch is a plated meal including a beverage, garden salad, choice of entrée (Chicken Marsala, Broiled Salmon, or Shrimp Scampi) and dessert sampler. The Pearl S. Buck House, a National Historic Landmark Museum, was the home of Pearl S. Buck and her family. The beautiful and iconic stone farmhouse contains a rich, intact collection from the extraordinary (the typewriter on which she wrote *The Good Earth*) to the ordinary (a closet full of board games the family played). The grounds of the estate also contain her gravesite, greenhouse, award winning gardens, Cultural Center and Estate Pavilion.

Cost is \$50 and includes lunch, docent led tour, all taxes and tips, and transportation.

Registration is necessary. Register with Michele. Please note your entrée selection when making your registration.



■ Beer Bunch Lunch – Victory Brewing Company, Parksburg FRIDAY, OCTOBER 17, DEPARTING FROM THE WOODS AT 11:00 AM

Victory Brewing Company in Parksburg features a German-built ROLEC brewhouse with a production capacity of ten 200-barrel brews per day, or a total daily capacity 2,000 barrels! As one of the leading craft breweries in the region, they offer an unparalleled beer experience, featuring award-winning brews like the iconic Golden Monkey, Dirt Wolf, and Prima Pils. While beer is their specialty, their food menu is expertly crafted to complement your preferred drink. You are also welcome to take a self-guided tour to learn how the beer in your glass is made.

Cost is \$30 and includes a pint of beer of your choice – or a flight, lunch, tips, taxes, and transportation.

Registration is necessary. Register with Michele.

■ Movie Matinee and Lunch – “The Man Who Knew Too Much” MONDAY, OCTOBER 20, 12:30 PM, STEINMAN HALL

“The Man Who Knew Too Much,” a 1956 American mystery-thriller directed and produced by Alfred Hitchcock, starring James Stewart and Doris Day, is suspenseful, stylish, and set partly in exotic locales like Morocco and London. This opens up a fun thematic lunch that nods to the film’s travel and espionage elements!

Cost is \$8 per person and includes movie and lunch of Moroccan Chicken Wraps, Crisps, and English Shortbread Cookies.

Registration is necessary. Register with Michele.



■ Hiking with Jennifer – Susquehannok State Park with lunch at Rawlinsville Brickhouse TUESDAY, OCTOBER 21, DEPARTING FROM THE WOODS LOBBY AT 10:00 AM

This is a hike for all levels – from beginner to experienced – on a wooded plateau overlooking the Susquehanna River in Drumore. During your hike, you will have the opportunity to enjoy panoramic views from one or both scenic overlooks. Hawk Point Overlook offers a view of the Conowingo Reservoir, the southernmost and largest of several hydroelectric impoundments that straddle the Pennsylvania and Maryland Border. Bald Eagles are often seen soaring over the river. Wissler Overlook features an excellent view of the Susquehanna’s naturally rocky riverbed. The overlook also provides a view of the impressive 21-span Norman Wood Bridge and Holtwood Dam. Osprey are often seen from the overlook. Feel free to bring binoculars. Following our hike, we will enjoy lunch at the Rawlinsville Brickhouse.

Cost is \$25 and includes hike, lunch, tips, taxes, and transportation.

Registration is necessary. Register with Michele.



■ Tour and Visit – The Clinic for Special Children WEDNESDAY, OCTOBER 22, DEPARTING FROM THE WOODS LOBBY AT 9:15 AM

Founded in 1989, the Clinic for Special Children (CSC) in Gordonville, PA brings compassionate clinical care to children and adults with genetically transmitted complex medical disorders. Their focus is the treatment and research of disorders identified in Old Order Amish and Mennonite communities, but the impact of the clinical and research work has been felt all over the world. Our visit includes a presentation on the cutting-edge research and clinical care provided by the Clinic and a tour of its new facility. CSC is internationally recognized as an innovative medical and scientific organization, for its genomic research and translating knowledge gained from clinical research and laboratory studies into practical applications for patient treatment. CSC collaborates with Penn Medicine LGHealth and other medical institutions. Warwick Woodlands resident Herman Bontrager, chair of CSC’s board, will host this visit and tour.

Following the tour we will stop at Lapp Valley Creamery and Café and Emma’s Gourmet Popcorn for lunch.

Cost is \$10, which will be donated to the Clinic for Special Children. Lunch is on your own.

Registration is necessary. Register with Michele.

■ Travelog and Wine and Cheese Reception – Grizzly Bears and the Canadian Rockies with Bob Wyble

MONDAY, OCTOBER 22, 2:00 PM, STEINMAN HALL
Join Woodlands Campus resident Bob Wyble on a photographic travelog to the Canadian Rockies. You will see Grizzly Bears in action, along with scenic splendor of the Canadian Rocky Mountain Parks. Bob’s photographs are currently on display in our McCloud Campus Center Art Gallery. Plan to attend this travelog to learn more about his travels and photographs.

Following the program, wine and cheese will be served in the lobby. Participants will have the opportunity to engage with Bob firsthand.

Registration is not necessary. All are welcome.



■ MMC Quilters and Sewers Comforter Workday

THURSDAY, OCTOBER 23, 9:00 AM - 3:00 PM, ZINZENDORF ROOM

For the past few years, a dedicated group of MMC residents has been sewing comforters to be distributed globally by the Mennonite Central Committee to individuals in need due to war or natural disasters. A workday is planned for October 23 to start the process of creating comforters by May 2026. You are invited to stop by to view the project in person and see a presentation of the many steps involved in this labor-intensive process. New members are welcome to join! To learn more, contact Judy Homan or Phyllis Stucky.

Registration is not necessary. All are welcome.



■ Elite Coach Trip – Jim Thorpe

THURSDAY, OCTOBER 23, DEPARTING FROM THE WOODS APARTMENT BUILDING AT 8:15 AM

Join us for a delightful day in the tiny, historic town of Jim Thorpe, named after the Native American athlete and Olympic Gold Medalist. On the trip, we will enjoy a train ride through the fall foliage on The Lehigh Gorge Scenic Railway. Following the ride, we will have free time to explore the town and have lunch on our own.

This trip is SOLD OUT.

■ Pat Kocen – Guitar and Vocals – Music Entertainment

THURSDAY, OCTOBER 23, 2:00 PM, STEINMAN HALL

Originally from New Jersey, Pat Kocen started playing the guitar when he was 11 and has been performing for audiences of all ages since. Although he plays a variety of song styles, he has a particular fondness for 50's rock n' roll.

Registration is not necessary. All are welcome.

■ The Rise and Fall of the PA Railroad, with Jim Bennett – Education Program

MONDAY, OCTOBER 27, 2:30 PM, STEINMAN HALL

For 122 years, the Pennsylvania Railroad set the standard for all other railroads in America. At one time, it was the largest corporation and largest transportation company in the world. Called "The Pennsy," it was a driving force for economic progress in the US from 1864 thru the mid-20th century. This presentation will talk about its origins, growth, innovations, and landmark infrastructure, as well as its ultimate demise. Our presenter, Jim Bennett, comes from a railroad background, which includes both of his grandfathers who worked on the Pennsylvania and Western Maryland railroads. He has served as a member of the Railroad Museum of Pennsylvania visitor services department, and is a member of the Board of Directors for the Friends of the Railroad Museum of Pennsylvania.

Registration is not necessary. All are welcome.

■ Bus Trip – Wolf Sanctuary of PA

THURSDAY, OCTOBER 30, DEPARTING FROM THE WOODS LOBBY AT 9:15 AM

On 80-plus acres of natural woodland north of Lititz, we will find the home of the Wolves of Speedwell! For over 40 years, the Darlington Family has offered refuge to gray wolves and wolf-dogs. Currently, the sanctuary is home to over 50 wolves. We will enjoy a guided educational tour to view them and learn about gray wolf conservation and biology. Please wear good walking shoes and dress for the weather. The tour is held rain or shine.

Cost is \$25 per person and includes tour, guide tip, and transportation.

■ Lamplighter's Corner

The Lamplighters have had a busy month! Here are the final profit results:

ZOOKs Pie Sale
\$630.45

Yard Sale
\$1,211.00

Get Your Coupons!

Orders for discounted Rip Tide Car Wash Coupons will be accepted from October 13, ending November 10. Coupons will be ready to pick up on November 13 between 11 am and 12 noon.



- High Tide coupons will be \$18 (a \$2 discount)
- Low Tide coupons will be \$11 (a \$1 discount)

Fall Apparel Sale

Look for information regarding the fall MMC Apparel Sale. Fleece vests, windbreakers, hoodies and sweatshirts are available for purchase. Get your "MMC Merch" in time for the cooler weather!

We appreciate all who participate in these fundraisers that support the benevolent care fund and wish list!

Remembrances

Betsy Teschner

September 30, 1950 - August 14, 2025

Sandra Maul

June 20, 1942 - August 17, 2025

Eileen Zaledonis

August 16, 1939 - August 22, 2025

William Coakley

February 17, 1929 - August 28, 2025

John Nelson

August 16, 1941 - August 30, 2025

Betty Jane Wolfgang

November 27, 1932 - September 3, 2025

COMING SOON!

Registration for "Coming Soon" events will be available October 15.

NOVEMBER 4 THROUGH 7

Elite Coach Trip to The Greenbrier (SOLD OUT - registration required prior to September 1)

NOVEMBER 8

Festival of the Arts

NOVEMBER 10

MMC 50th Anniversary Celebration

NOVEMBER 10

Collette Tours 2027 Trip Preview (The Northern Lights of Finland, Shades of Ireland, Northern Italy)

NOVEMBER 11

Veterans Breakfast

NOVEMBER 12

Herb and Garden Cooking Demonstration

NOVEMBER 13

Servant Stage "A Christmas Carol"

NOVEMBER 15

Lancaster Chorale Holiday Concert Shuttle

NOVEMBER 17

Movie and Lunch "The Sound of Music"

NOVEMBER 18

Pizza Tour Stop #2

NOVEMBER 19

Digital Literacy with Justine

NOVEMBER 21

Holiday Shopping with Jeanne at The Philadelphia Premium Outlets

NOVEMBER 22

Lancaster Symphony Orchestra Shuttle

NOVEMBER 26

Fulton Theater Shuttle

NOVEMBER 27

Thanksgiving

Neighbors and Friends: Saxony Ridge and Warwick Woodlands

By Herman Bontrager

In addition to wood products, the MMC Woodshop produces friendship between Warwick Woodlands and Saxony Ridge neighbors. On nice days, Saxony Ridge residents Greg Folk and Don Bell get fresh air and enjoy sunshine on the sidewalks, and meet walkers from Warwick Woodlands. "I appreciate that Warwick Woodlands residents acknowledge me and stop to visit," Greg said. "I know three Susans from WW!" He and Don know many others from the Warwick Woodlands campus.

On my regular treks to the Woodshop, I met Greg and Don and learned about their special friendship. In the process of fabricating a couple of wood items that enhance life in a wheelchair, I invited Greg to visit the Woodshop. On one visit he saw a dart board made by Dale Matt, embellished with hundreds of wine bottle corks. Greg asked if he could buy it to give to his friend Don, as "He loves to play darts, so I want to give it to him as a thank you for all the things he does for me."

Greg explained that Don and he got acquainted when they both moved into Saxony Ridge. They became friends as they spent time together, including watching TV. Don, retired from a career at Alcoa, still takes on an occasional security job. Don is an excellent cook, according to Greg, and loves to share what he makes with his neighbors and with his mother and sister, who also live at Saxony Ridge. Greg learned to follow the smell of food coming from one floor beneath him and ask through Don's doorway, "What you got in there?"

Greg also deeply appreciates Don's assistance with other aspects of life that are complicated by having lost both his feet to diabetes. This gift of appreciation, paid for in two installments on a fixed income, is a heartwarming tribute to the friendship and mutual care that are possible despite the divisiveness and disrespect that are all too prevalent in our society today.



Greg and Don are both natives of Lancaster County. Greg has been a part of Bethel African Methodist Episcopal Church in Lancaster where he served for a time as a minister. At that church, The Rev. Edward Bailey served as pastor for more than 32 years and during that time performed Greg's marriage. It was The Rev. Bailey who encouraged Greg to "be a minister" to his fellow residents at Saxony Ridge.

Saxony Ridge and Warwick Woodlands, neighbors and friends!

2025-2026 THEATER, ORCHESTRA & SYMPHONY SHUTTLE

Fulton Theater, Allegro Orchestra, Lancaster Symphony and EPAC Shuttle Schedule

Residents are required to pre-purchase their tickets and register with Michele for the shuttle! Shuttle availability is first-come, first-served.

Fulton Theater:

- Jekyll & Hyde - October 15, departing at 1:00 pm
- Elf - November 25, departing at 1:00 pm
- And Then There Were None - February 18, departing at 1:00 pm
- Hairspray - April 15, departing at 1:00 pm
- West Side Story - June 17, departing at 1:00 pm

Allegro Orchestra:

- Brass and Organ - October 4, departing at 2:00 pm
- The White Star - November 15, departing at 6:30 pm
- A City in Song - December 20, departing at 2:00 pm
- The Hen - January 24, departing at 6:30 pm
- The Winds of Allegro - March 21, departing at 6:30 pm

Lancaster Symphony:

- Pictures at an Exhibition - October 4, departing at 1:00 pm
- Mendelssohn & Beethoven - November 22, departing at 1:00 pm
- Handel's Messiah - December 6, departing at 1:00 pm
- All Prokofiev - January 17, departing at 1:00 pm
- Stevens & Smith - March 14, departing at 1:00 pm
- Revolution - The Music of the Beatles - April 7, departing at TBD.
- The Planets - May 16, departing at 1:00 pm

Ephrata Performing Arts Center:

- The Hunchback of Notre Dame (Young Performers Production) - December 7, departing at 1:00 pm

UPCOMING HOLIDAY CONCERTS

Some events require you to buy your tickets in advance and use our shuttle, or reserve your spot if we've already purchased a group block.

■ Lancaster Chorale Holiday Concert

Saturday, November 15, Shuttle departs at 6:00 pm
(Residents are required to pre-purchase admission tickets)

■ The Messiah, Lancaster Symphony Orchestra

Saturday, December 6, Shuttle departs at 1:30 pm
(Residents are required to pre-purchase admission tickets)

■ The Hunchback of Notre Dame, EPAC Young Performers Production

Sunday, December 7, Shuttle departs at 1:00 pm
(Residents are required to pre-purchase admission tickets)

■ Deck the Halls, American Music Theater

Tuesday, December 23, departs at 1:45 pm
(CL purchased a block of tickets block of tickets, to reserve your ticket, call Michele)



THE Owl's Nest Fall Seasonal Menu

Warm up this autumn with some wonderful additions to the menu!

- Spiced Apple Salad (V, GF)
- Chicken Schnitzel
- Falafel Gyro (V)
- Seafood Bouillabaisse (V)
- Smoked Chicken and Ravioli
- Seasonal Sides: Roasted Spaghetti Squash (V, GF), Quinoa Salad with Dried Fruit and Pumpkin Seeds (V, GF)



Culinary OFFERINGS

FOUNDERS CAMPUS MCCLLOUD CAMPUS CENTER

Gallery Café

Open for Breakfast & Lunch

Monday - Friday 7:30 am - 2:30 pm

Saturday 7:30 am - 2:00 pm

Sunday Continental

Breakfast 7:30 - 10:00 am

Call Ahead To Go Orders: 717-625-6358

Gallery Café

Open for Dinner

Monday - Friday 4:30 pm

last seating at 6:45 pm

Reservations and Call Ahead

To Go Orders: 717-625-7616

CONTACT THE DINING TEAM:

Bill Zimnoch	717-625-6118
Terry Wilson	717-625-6133
Grace White	717-625-6117

WARWICK WOODLANDS CAMPUS OAKS CAMPUS CENTER

The Owl's Nest Restaurant & Sippery

Open for Breakfast, Lunch & Dinner

717-626-3559

Monday - Friday 7:30 am - 8:00 pm

Saturday Closed

Sunday Closed

CONTACT THE DINING TEAM:

Joni Cromer	717-625-6775
Tim Miller	717-625-6776

Travel with MMC in 2027

We are pleased to partner with Collette Tours for three European Tours in 2027! To learn more, plan to attend a special travel presentation on Monday, November 10, at 6:00 pm, in Steinman Hall. Brochures are available in Jennifer's office.

The Northern Lights of Finland JANUARY 21-28, 2027



Shades of Ireland MAY 9-18, 2027



Spotlight on Northern Italy OCTOBER 2027



CAMPUS-TO-CAMPUS COMPLIMENTARY SHUTTLE!

Between our two campuses, we want to make it easier for you to enjoy all of MMC's offerings. If you need transportation to attend an event or program or reach a community hub, MMC offers complimentary campus-to-campus shuttle service. To arrange a ride, call the Transportation Office at 717-625-6136.



Library CORNER



Our Founders Campus Library "Theme Table" for October is a selection of non-fiction books focusing on the 60s! Come find some nostalgic topics from this era to enjoy reading this month.

Two Locations

Are you new to MMC? Did you know that our Library has two locations? The main library is located on the Founders Campus, right off the lobby inside the front entrance. On the Warwick Woodlands Campus, there are two large bookcases in the Hall of Fame in The Woods building. Both areas include books from our collection of more than 1,800 titles. They can be signed out on the honor system by any MMC resident.

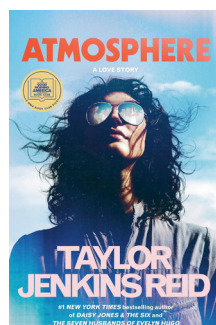
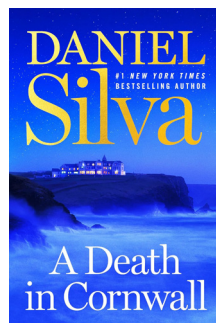
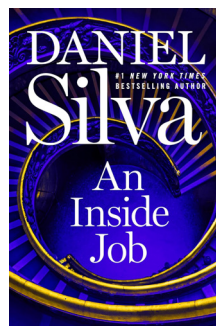
New Books & Donations

Recent book donations include two new Daniel Silva titles (*An Inside Job* and *A Death in Cornwall*), which were given to honor Rose Stetler on her recent birthday, by Phil and Jean Styles. Another new title is *Atmosphere*, by Taylor Jenkins Reid.

Other donations include an anonymous monetary gift designated for the library's purchase of a collapsible wagon. This item will greatly help committee members to transport boxes of books from one location to another and is greatly appreciated!

Book Sale

And finally... THE BOOK SALE! Save the date for when the MMC Library joins resident artisans for a sale in Steinman Hall on November 7-8. Proceeds help benefit the Lamplighters in their fundraising efforts. Nearly 500 books will be up for sale! Check upcoming ads and flyers for specific times and details.





CELEBRATING BIRTHDAYS THIS MONTH:

OCTOBER

- 1 Meg Brubaker
Marsha Campbell
Carol Simpson
- 3 John Weidman
- 5 Rich Barbour
- 7 Annette Bodwell
- 8 Mary Ellen Kopetz
Donna Wetzel
- 9 Tom Bochenko
Linda Stackhouse
Dianne Zimmerman
- 10 Marcia Holder
Virginia Lesso
- 11 Anne Grosh
Kristin Marshall
Mary Peterson
- 13 Jan Criswell
- 14 Hank Walker
- 15 Augie Berhaupt
Nancy Freeman
- 16 Stu Degler
- 18 Jane Cowden
Amy Freeman
- 19 Dottie Miles
- 22 Bob Criswell
Joanne Griffiths
Allen Reynolds
Mary Ann Warnick
- 23 Lonnie Leaman
Susan Reber
- 24 Peggy Bender
Susan Blessing
Kathy Lindman
- 25 Dianne Urban
- 27 Marjorie Mann
Jerry Meck
Phyllis Stuckey
- 30 Joyce Hanson
Carol Minnich
- 31 Diane Kicey

PURSUITS AT MMC!

THE ARTS

- Comedy Club
- Embroidering,
Knitting & Gabbing
- Painting
- Pins and Needles
- Quilters & Sewers
- SAGES - Orchestra &
Music Groups
- Silver Tenders
- Model Railroad
- Ukulele Group
- Wood Carving
- Woodshop

CULINARY

- Beer Bunch
- Dining Round
the World
- Herb and Garden
Society

COMMITTEES

- Art
- Community Life
- Culinary Council
- Exploring the
Performing Arts
- Lamplighter's
Auxiliary
- Library
- Resident Council
- Social

FITNESS & WELLNESS

- Bike Riding
- Chair Yoga
- Country Line Dancing
- Exercise with Steve
- Golf Group
- LGH Lab Service
- Low Vision Support
Group
- Meditation
- Pickle Ball

GAMES

- Bridge, Duplicate
- Bridge, Non-
Duplicate
- BUNCO
- Corn Hole
- Hand, Knee &
Foot Card Game
- Hand and Foot
Card Game
- Ladies Right on
Cue
- Mahjong
- Manipulation Card
Game
- Poker
- Men's Pool
- Pinochle

MIND

- Book Clubs
- Life Writing Group

OUTDOORS

- Bocce
- Bird Watching
- Corn Hole
- Gardening Club
- Putting Green
- Shuffleboard

SOCIAL

- Happy Hour
- Movies
- Musical
Entertainment

SPIRITUAL

- Catholic Mass
- Grief Support Group
- Ladies Bible Study
- Men's Bible Study &
Breakfast
- Mid-Week Vespers
- Weekly Vespers

TRIPS

- Coach Bus Day Trips
- Local Arts
- Local Cultural

COMMITTEE MEETINGS

Day	Time	Committee	Location
1st Thursday, October 2	10:00 am	Resident Council	Zinzendorf
2nd Tuesday, October 14	9:30 am	Culinary Council	Hall of Fame
2nd Thursday, October 9	10:00 am	Lamplighter's	Hall of Fame
3rd Friday, October 17	9:00 am	Social Committee	Fire Side Lounge
3rd Friday, October 17	1:00 pm	Library Committee	Gathering Place
As Needed		Art Committee	Fire Side Lounge
4th Monday, September 22	9:00 am	Community Life Committee	Hall of Fame